

2022 Community Health Needs Assessment Huntington Memorial Hospital, Inc.





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EXECUTIVE SUMMARY

Introduction & Purpose

Parkview Health is pleased to share the 2022 Community Health Needs Assessment (CHNA) for Huntington Memorial Hospital, Inc. doing business as Parkview Huntington Hospital, located in Huntington County. This report provides an overview of the approach taken to identify and prioritize significant health needs in Huntington County, as federally required by the Affordable Care Act. The Health Services and Informatics Research (HSIR) group at Parkview's Mirro Center for Research and Innovation designed and conducted both primary and secondary data collection and analysis activities. Data collection was focused on the eight counties in northeast Indiana that comprise Parkview's primary service area and where a Parkview hospital is located, including: Allen, DeKalb, Huntington, Kosciusko, LaGrange, Noble, Wabash and Whitley.

The purpose of this CHNA report is to offer a comprehensive understanding of the health and social needs of Huntington County to guide Huntington Memorial Hospital, Inc. strategic community health improvement plan for addressing the identified needs (*CDC - Assessment and Plans - Community Health Assessment - STLT Gateway*, 2019). Huntington Memorial Hospital, Inc. will use the findings in this report to identify and develop efforts to improve the health and quality of life for residents in the counties we serve.

Approach

The HSIR group assessed the overall health needs of the Parkview Health region, as well as the needs of each individual county. Community health needs of interest were based on past CHNAs and secondary data from the Healthy Communities Institute (HCI) database. The HSIR team used surveys to gather input from individual community members and healthcare and social service providers (i.e., physicians, nurses, social workers) to understand local health concerns, needs, and service availability.

Historically, we have found that Hispanic, Amish and people of Burma (Myanmar) populations have been an underrepresented voice in our CHNA surveys. Thus, the HSIR group used contacts familiar to these populations to distribute surveys and sent a mobile team of surveyors to target locations to ensure that we captured the community health concerns of these special populations.

Summary of Findings

The findings in this report are a result of the analysis of an extensive set of secondary data (over 200 indicators from national and state data sources) and primary data (330 surveys) collected from community members and healthcare/social service providers. Below are the top ten health concerns and health service needs as ranked by the Hanlon method and survey data, respectively.

Huntington County's Top Ten Health Concerns*

•

- Obesity
- Mental health
- Substance use/abuse (drugs, alcohol, tobacco)

Chronic obstructive pulmonary disease

Cancer

Kidney disease

- Child abuse and neglect
- Diabetes
- Cardiovascular disease (stroke, coronary heart disease)

• Asthma

* After Hanlon method applied to secondary and primary data; merged categories of concerns are in parentheses

Huntington County's Top Ten Health Service Needs*

- Substance use disorder services
- Mental health services
- Access to healthy food
- Access to recreational spaces
- Access to birth control

- Access to primary care providers
- Senior services
- Job training
- Health insurance
- Childcare

* As indicated by community and provider concerns expressed in survey data

Prioritized Areas

In August 2022, Parkview Huntington Hospital presented to the Parkview Huntington Hospital Board of Directors to select priorities from the significant health issues uncovered in the 2022 CHNA. Substance Use/Abuse and Child Abuse and Neglect were approved in addition to the shared Mental Health priority for the next three years.

HSIR Group

The Parkview Community Health Improvement department commissioned the Parkview Health Services and Informatics Research (HSIR) group to conduct its 2022 Community Health Needs Assessment (CHNA). The HSIR group is co-located with the Clinical Research group in the Parkview Research Center, which is housed in an 82,000 square feet facility, the Mirro Center for Research and Innovation, with more than 90 rooms and dedicated spaces for research, innovation, and education. HSIR employs multiple research staff, which includes PhD prepared scientists, user experience specialists and project managers. As a research unit embedded in Parkview Health, HSIR has dedicated time to support initiatives that require research skills, such as the CHNA.

Evaluation of Progress Since 2019 CHNA

The CHNA is a continual process that rotates through a three-year cycle (Figure 1). A key component of this process is evaluating the impact of the programming implemented in response to the prioritized health concerns. Reflecting on the progress made on priority areas facilitates the development of strategies to implement in the next CHNA cycle.

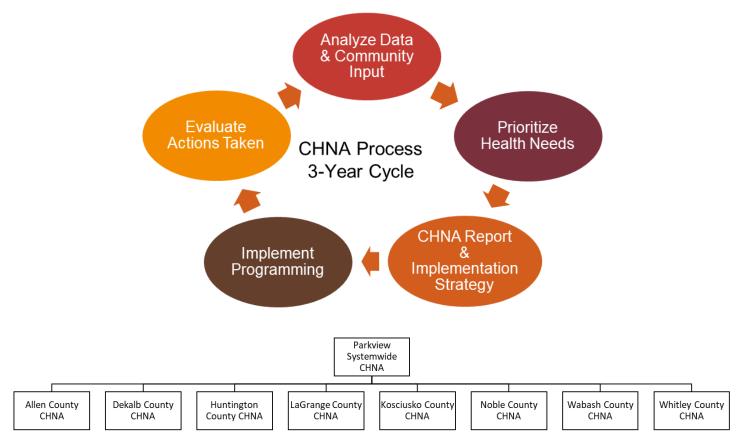


Figure 1. Three-Year CHNA Process; Organization of Parkview CHNA reports

Priority Health Needs and Impact from 2019 CHNA

During the 2019 prioritization sessions, substance abuse and mental health were selected as the Parkview Health region's shared health priority for 2020-2022. Additionally, each Parkview licensed hospital selected two other priorities per their county level CHNA report. This report reflects Huntington Memorial Hospital, Inc., but each of Parkview's licensed hospital facilities have their own CHNA that reflect priorities specific to their county. The impact report for Huntington Memorial Hospital, Inc. can be found in Appendix A. Parkview did not get any written comments in response to our 2019 CHNA.

If you have comments about the 2022 CHNA, please send to <u>Jill.McAllister@parkview.com</u> or <u>Sarah.GiaQuinta@parkview.com</u>.

INTRODUCTION

Parkview Health presents findings from its 2022 Community Health Needs Assessment (CHNA), a requirement for all not-for-profit hospitals to complete every three years (*Community Health Needs Assessment for Charitable Hospital Organizations - Section 501(r)(3)* | *Internal Revenue Service*, n.d.). This report provides an overview of the CHNA processes and methods used to identify and prioritize significant health needs for the community. The purpose of this report is to present information about the health concerns and service needs across Parkview Health's service area to create understanding and establish priorities around these issues. Attention has been given to identify needs of specific community populations, significant health concerns or service gaps and feedback from community members and providers.

About Parkview Health

Parkview Health is a not-for-profit, community-based health system serving a population of more than 895,000. With more than 14,000 employees, Parkview is the region's largest employer. Parkview has been serving the community since its early beginnings as Fort Wayne City Hospital in 1878. Parkview Health System formed in 1995, and the heritage of care and compassion continues today with 11 hospitals and a physician's group of over 800 clinicians across 45 clinical specialties.

Parkview Health Mission & Vision

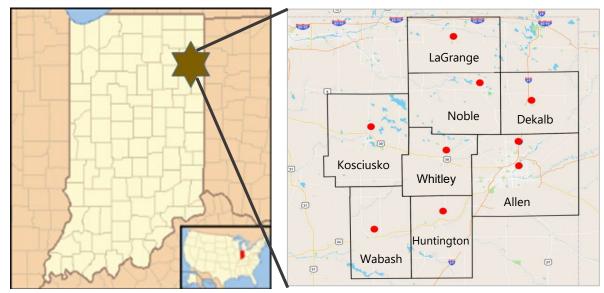
Parkview's mission is to improve the health of our community members and inspire them to take steps to improve their well-being.

Parkview puts their patients at the center of everything they do, as an individual, as an employer and as our community.

Service Area

The scope of this CHNA has been narrowed to reporting data at a county level. Full-service Parkview Health hospitals are in the northeast Indiana counties of Allen, DeKalb, Huntington, LaGrange, Noble, Wabash and Whitley Counties. Kosciusko County is also included in this CHNA as it has a stand-alone emergency medicine facility which operates under the Parkview Whitley Hospital license (Figure 2).

Figure 2. Counties with Parkview Hospitals



DEMOGRAPHICS

The following section presents the demographic profile of the Parkview Health service area, which includes Allen, DeKalb, Huntington, Kosciusko, LaGrange, Noble, Wabash and Whitley Counties. Demographics can impact a community's health concerns, as needs can be related to race/ethnicity, age, gender, and socioeconomic groups. As these groups might have unique cultural/ethnic needs or practices, intervention efforts need to be varied and responsive to differences. The U.S. Census Bureau was used as the main source of demographic data.

Population

The eight-county Parkview Health service area comprises about 10 percent of the total population in Indiana (Table 1). Based on population density, only Allen County is considered urban. The rest of the counties are considered either mixed rural/urban or rural (*Rural Indiana Stats* | *Geographic Classifications*, n.d.).

Table 1. Population

	Parkview Health Service Area	Indiana	United States
Population	686,494	6,696,893	326,569,308

Source: U.S. Census Bureau (American Community Survey 2016-2020 five-year averages)

As shown in Table 2, Allen County has the largest population in the service area (375,520) followed by Kosciusko County (79,156). While Allen, DeKalb, Kosciusko, LaGrange, Noble and Whitley Counties all experienced population growth between 2017 and 2020, Huntington and Wabash both experienced a slight population decline.

Table 2. Population in Parkview Counties, 2017 and 2020

Year	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley
2020	375,520	43,193	36,351	79,156	39,537	47,640	31,198	33,899
2017	367,747	42,524	36,520	78,720	38,720	47,421	31,848	33,481

Source: U.S. Census Bureau (American Community Survey 2013-2017 and 2016-2020 five-year averages)

Age

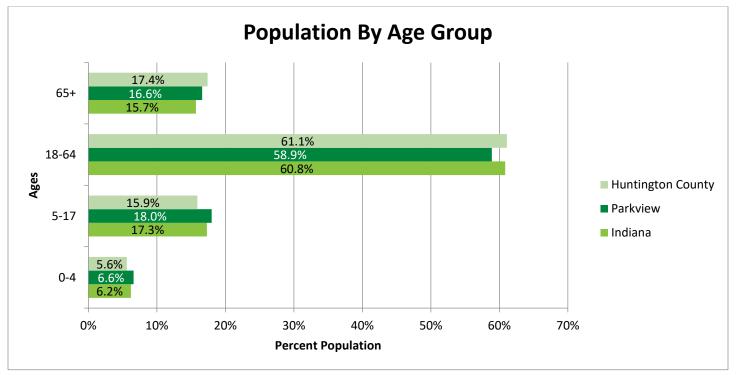
The median age for the Parkview Health service area increased from 36.9 years in 2017 to 37.3 years in 2020. The median age ranges from 31.8 years in LaGrange County to 42.5 years in Wabash County (Table 3). The eight-county Parkview Health service area has a population age breakdown comparable to the rest of Indiana. About 60 percent of the population belongs to the 18–64-year-old age group and only seven percent is within the 0- to 4-year-old age group (Figure 3).

Ye	ear	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley	Parkview	IN
20	20	36.0	38.5	41.4	38.9	31.8	38.9	42.5	41.8	37.3	37.8
20	17	35.7	39.1	40.3	38.0	31.5	38.5	42.0	41.0	36.9	37.5

Table 3. Median Age in Years

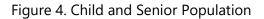
Source: U.S. Census Bureau (American Community Survey 2013-2017 and 2016-2020 five-year averages)

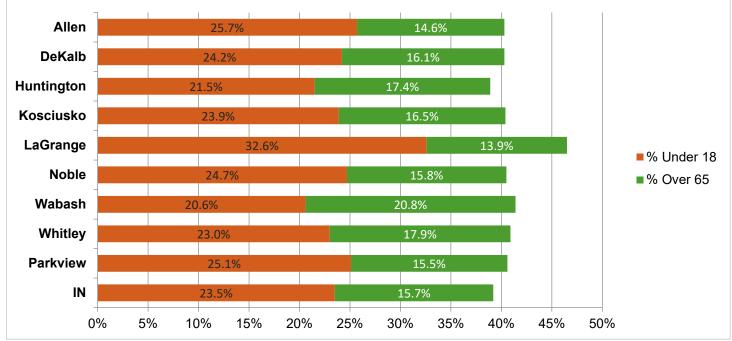




Source: U.S. Census Bureau (American Community Survey 2016-2020 Five-year Averages)

Because different age groups can require distinct levels and types of care, strategies for improving community health outcomes should incorporate the needs of each age cohort. The percentage of the population under 18 years is between 20 percent and 26 percent for the eight counties in the Parkview Health region except in LaGrange County, where nearly a third is under 18 years (Figure 4). At the other end of the age spectrum are individuals 65 years and older. Figure 4 demonstrates that the 65 and older population is below 20 percent for all but Wabash County (20.8%). Accessible and adequate senior services can allow the senior population to remain in their household and maintain their quality of life.





Source: U.S. Census Bureau (American Community Survey 2016-2020 Five-year Averages)

Race and Ethnicity

As illustrated by Table 4 and Figure 5, the racial composition of the eight-county Parkview Health region is predominantly non-Hispanic White, which is similar to the rest of Indiana. However, racial diversity has increased in the Parkview Health service area since 2017, due mostly to increases in Hispanic or Latino and other races and ethnicities in all counties, except for DeKalb County where the percent of population comprising 'Other Race or Ethnicity' decreased by 0.2 percent, but the Black or African American population increased by 0.2 percent. Across counties, Allen County has the highest percentage of population comprised of Black or African American individuals (11.3%) and Other Race or Ethnicities (8.1%), and Noble County has the highest Hispanic population (10.4%).

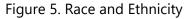
As compared to the rest of the state, the eight-county Parkview Health service area had a lower percentage of Hispanic or Latino and Black or African American individuals and a higher percentage of White and individuals of other races or ethnicities.

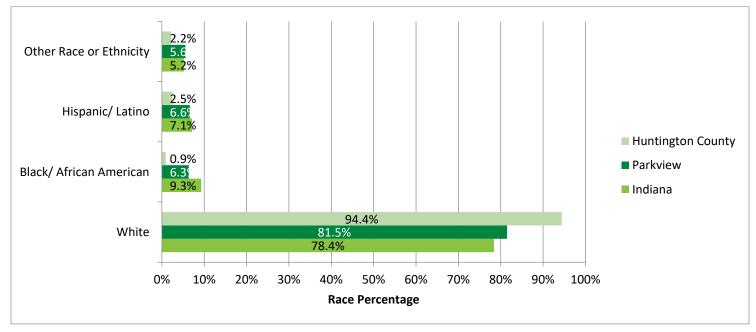
One component to diversity that is not reflected in the previous table is the large Amish population present in Northeast Indiana. The 2010 U.S. Religion Census showed that more than 14,000 Amish lived in LaGrange County alone and comprised 37.1% of the total LaGrange County population, which makes it the second largest county (by population) of Amish in the United States. Although there is an Amish population in other counties, as well, Amish individuals are less likely to live in the urban areas (e.g., less than 1% of the 2010 population of Allen County was Amish).

Table 4. Percent of Population by Race and Ethnicity

Race and Ethnicity	Year	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley	Parkview	IN
\A/b:+-	2020	73.2%	95.0%	94.4%	87.5%	94.0%	86.8%	94.1%	94.7%	81.5%	78.4%
White	2017	74.6%	95.1%	95.2%	88.6%	94.4%	87.6%	94.5%	95.7%	82.6%	79.8%
Black/	2020	11.3%	0.4%	0.9%	0.7%	0.2%	0.5%	1.1%	0.4%	6.5%	9.3%
African American	2017	11.3%	0.2%	0.8%	0.7%	0.1%	0.4%	0.9%	0.4%	6.4%	9.1%
Hispanic/	2020	7.6%	2.9%	2.5%	8.1%	4.1%	10.4%	2.7%	2.1%	6.6%	7.1%
Latino	2017	7.2%	2.8%	2.2%	7.9%	3.9%	10.2%	2.5%	1.9%	6.3%	6.7%
Other	2020	8.1%	1.7%	2.2%	3.8%	1.7%	2.2%	2.2%	2.8%	5.6%	5.2%
Race or Ethnicity	2017	6.9%	1.9%	1.8%	2.8%	1.6%	1.8%	2.1%	2.0%	4.7%	4.4%

Source: U.S. Census Bureau (American Community Survey 2013-2017 and 2016-2020 five-year averages)





Source: U.S. Census Bureau (American Community Survey 2016-2020 Five-year Averages)

Social Determinants of Health

Social determinants of health (SDOH) are the "conditions in which people are born, grow, live, work and age that contribute to health outcomes" (*Social Determinants Resources*, n.d.). These indicators affect a wide range of health risks and outcomes (Artiga & Hinton, 2019). SDOH include factors like socioeconomic status, education, neighborhood, physical environment, employment, and social support networks, as well as access to healthcare. The effect of individual social determinants of health is difficult to discern as these factors are interdependent and interconnected. Evidence shows that poverty limits access to food, safe neighborhoods, and high-quality education. Also, poorer neighborhoods are significantly impacted by food insecurities and lower educational status, which can lead to poor health outcomes and reduced life expectancies.

In the United States, racial and ethnic minority groups continue to experience higher mortality rates and increased incidence of a wide range of illnesses compared to their white counterparts. These health disparities are inextricably linked to inequities in the following social determinants of health: social and community context (discrimination and racism), healthcare access, physical environments and neighborhoods, workplace conditions, education, and income gaps. Health equity is accomplished when all individuals have a fair and just opportunity to attain their highest level of health (*Health Equity* | *CDC*, 2022). Efforts toward health equity require economic, social, and other barriers to health be identified and addressed.

The Health Equity Index developed by Conduent Healthy Communities identifies geographic areas at highest risk for experiencing health inequities correlated with preventable hospitalizations and premature death based on validated indicators related to income, employment, education, and household environment. Counties were given an index value ranging from 0 (indicating lowest need) to 100 (indicating highest need). Counties in the Parkview Health service area were then ranked from 1 (low need) to 5 (high need) based on their relative index value. As shown in Figure 6 and Table 5, LaGrange County had the highest level of socioeconomic need.

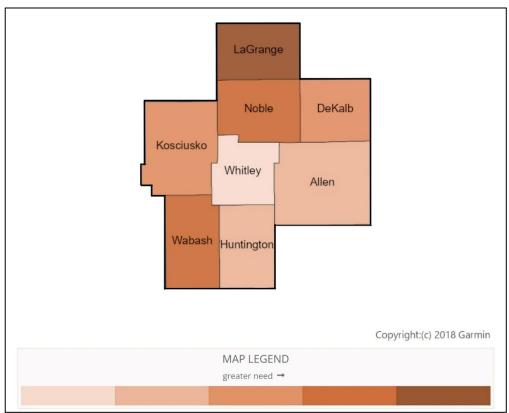


Figure 6. Health Equity Index County Map

Measurement period: 2021. Data Source: Conduent Healthy Communities

Table 5. Health Equity Index Scores and Rank by County

County	Index	Rank		
LaGrange	71.7	5		
Noble	51.9	4		
Wabash	51.5	4		
Kosciusko	43.8	3		
DeKalb	41.5	3		
Allen	37.9	2		
Huntington	32.6	2		
Whitley	25.9	1		

Measurement period: 2021. Source: Conduent Healthy Communities

Median Household Income

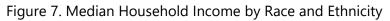
The median household income in the eight-county Parkview Health service area ranges from \$54,286 in Huntington County to \$69,331 in LaGrange County (Table 6). Since 2017, the median household income across counties has increased by 15 percent overall, with the smallest increase in Huntington County (8.4%) and the largest increase LaGrange County (18.8%).

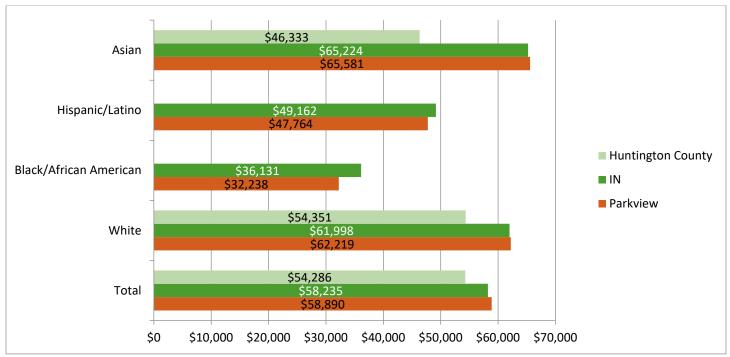
Table 6. Median Household Income in Dollars

Year	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley	Parkview	IN
2020	57,104	58,415	54,286	62,789	69,331	58,947	56,573	64,992	58,890	58,235
2017	51,091	51,374	50,063	57,190	58,336	52,393	49,052	57,041	52,466	52,182

Source: U.S. Census Bureau (American Community Survey 2013-2017 and 2016-2020 five-year averages)

Racial disparities in median household income are evident in Figure 7. Median Household Income by Race and Ethnicity. The median household income for Black and African American households in the Parkview Health service area is much lower than for White households in this area and is lower than the median household income for Black and African American households in Indiana.





Notes: Median household income not available for Black/African American population and Hispanic/Latino population. Source: U.S. Census Bureau (American Community Survey 2016-2020 Five-year Averages)

Poverty

The percentage of the population living below poverty in the Parkview Health service area (11.1%) is lower than the state percentage (12.9%). Although the percentage of the population below poverty ranges from a low of 6.0 percent in LaGrange County to a high of 12.6 percent in Allen County (Table 7), each of the counties has a poverty rate that is below that of the state of Indiana.

Regarding the percentage of the population living below the poverty level, racial disparities are evident in both the Parkview Health service area and the state of Indiana. As compared to the poverty rate for the White population in the Parkview Health service area (9.0%), Black and African American populations are almost three times as likely to be living below poverty level (29.4%), and Hispanic and Latino and Asian populations are almost twice as likely to be living below poverty level (19.4% and 18.2%, respectively). As compared to state averages by race and ethnicity, the poverty rates for the White population, and the Hispanic and Latino populations in the Parkview Health service area are lower than their respective Indiana averages. In contrast, the poverty rates for Black and African American populations and Asian populations in the Parkview Health service area are higher than their respective Indiana averages. See Figure 8.

Year	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley	Parkview	IN
2020	12.6%	11.0%	11.2%	9.3%	6.0%	7.8%	11.5%	9.6%	11.1%	12.9%
2017	14.7%	12.5%	11.6%	11.2%	9.1%	9.3%	13.3%	9.5%	13.0%	14.6%

Table 7. Percentage of Population Below Poverty Line

Source: U.S. Census Bureau (American Community Survey 2013-2017 and 2016-2020 Five-year Averages)

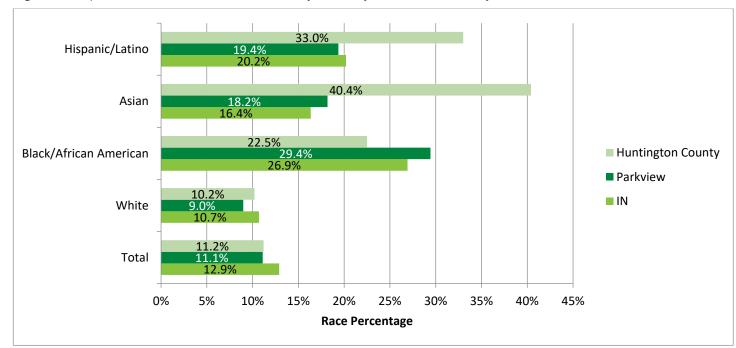


Figure 8. Population Below the Federal Poverty Level by Race and Ethnicity

Source: U.S. Census Bureau (American Community Survey 2016-2020 Five-year Averages)

Unemployment

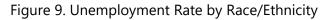
The unemployment rate is another indicator of the social and economic status of a geographic area or population. Unemployment in the Parkview Health service area is lower than the state overall. Unemployment ranges from 2.4 percent in Huntington County to 5.0 percent in Allen County (Table 8), which is only slightly higher than the rate overall for the eight-county Parkview Health service area (4.4%) and the state of Indiana (4.7%).

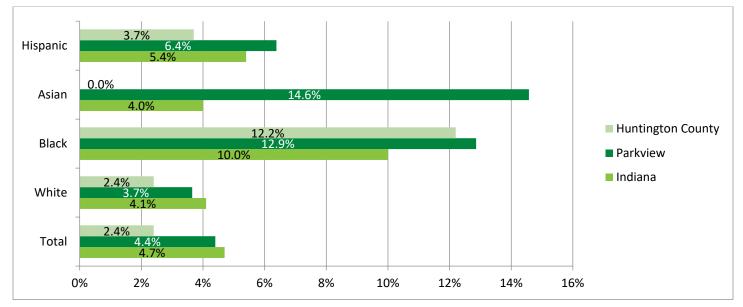
Like the disparities present in income and poverty level, racial disparities are also seen with unemployment rates. The Black and African American, Hispanic, and Asian populations in the Parkview Health service area have higher unemployment rates than their corresponding unemployment rates for the state (Figure 9).

Table 8. Percentage of Population Unemployed

Yea	ar Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley	Parkview	IN
202	0 5.0%	3.8%	2.4%	3.6%	3.4%	4.0%	4.3%	4.4%	4.4%	4.7%
201	7 6.3%	4.6%	3.9%	4.6%	2.9%	5.7%	5.5%	3.6%	5.5%	6.1%

Source: U.S. Census Bureau (American Community Survey 2013-2017 and 2016-2020 five-year averages)





Source: U.S. Census Bureau (American Community Survey 2016-2020 Five-year Averages)

Education

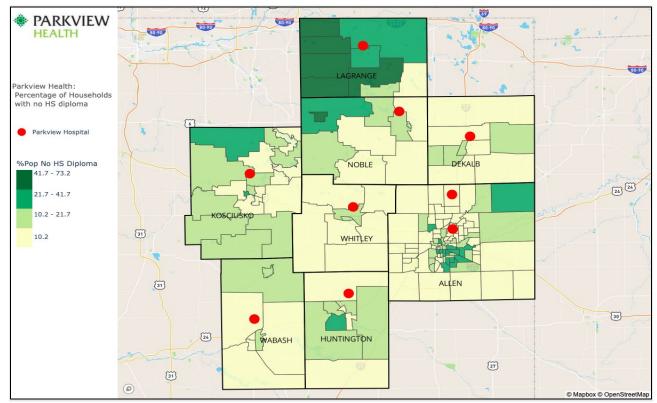
Education is related to several other social measures, including income, poverty, and unemployment. Limited education can be a key marker for identifying populations who may have health service needs. The percentage of the population without a high school diploma or equivalent is shown in Table 9. LaGrange County has the highest proportion of individuals without a high school diploma (38.9%) and the highest percentage of households with no high school diploma (Figure 10), which is due to the concentration of Amish communities in the county. Individuals in Amish communities have other training or economic options outside of a high school education. Noble and Kosciusko Counties have the second and third highest rate of individuals without a high school diploma, which may also be reflective of a relatively high proportion of Amish individuals in these counties (each has a population 1,000-4,999 Amish individuals).

Table 9. Population Without High School Diploma

Year	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley	Parkview	IN
2020	10.1%	9.0%	8.1%	13.2%	38.9%	16.1%	10.3%	8.6%	12.3%	10.7%
2017	10.6%	10.4%	9.5%	15.2%	36.7%	15.0%	11.3%	8.9%	12.8%	11.7%

Source: U.S. Census Bureau (American Community Survey 2013-2017 and 2016-2020 five-year averages)

Figure 10. Percent of Households With No High School Diploma



Source: U.S. Census Bureau (American Community Survey 2016-2020 Five-year Averages)

Overall, the Parkview Health service area has a slightly higher percentage of population without a high school diploma compared to the Indiana rate. Additionally, racial disparities are evident in educational attainment (Figure 11). Notably, 36.2 percent of the Hispanic/Latino population and 39.3 percent of the Asian population is without a high school diploma. With these racial minorities already at a disadvantage in terms of income and poverty, this added inequity further impacts their health outcomes.

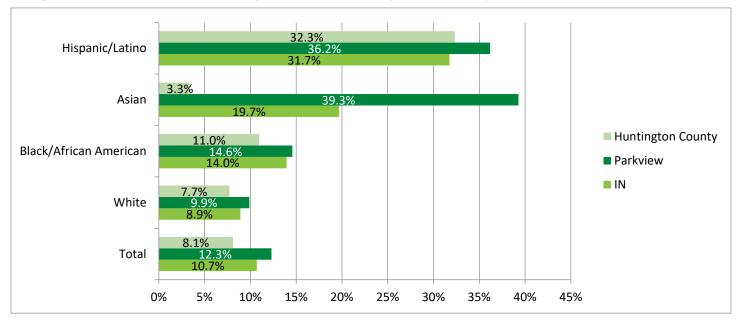


Figure 11. Population Without a High School Diploma by Race/Ethnicity

Source: U.S. Census Bureau (American Community Survey 2016-2020 Five-year Averages)

Transportation

Availability of transportation is an important factor for individual and community health, especially in rural or mixed urban/rural areas (i.e., seven of the eight Parkview Health service area counties), where having a personal vehicle is important because of lower population density for shared ridership and smaller tax base for public transportation systems.

As shown in Figure 12 below, most counties have few households (i.e., $\leq 5.4\%$ households) without a vehicle, except for LaGrange County. The high percentage of houses with no vehicle in LaGrange County (i.e., 35 - 76% for the years 2016-2020) is likely due to the large Amish population in LaGrange County, who typically rely upon on horse carriages and wagons for their transport purposes. A slightly higher percentage of homes without a vehicle is also seen in the northeast part of Allen County.

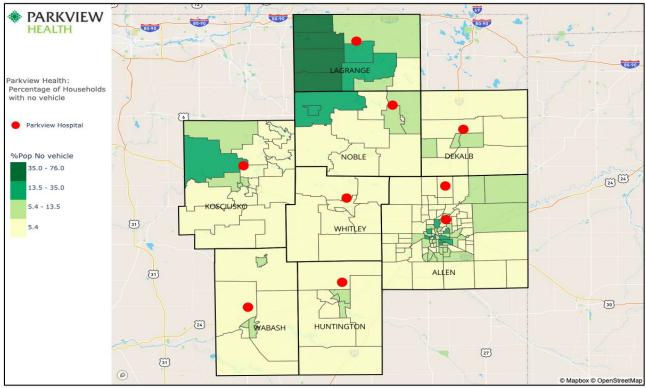


Figure 12. Households With No Vehicle

Source: U.S. Census Bureau (American Community Survey 2016-2020 Five-year Averages)

Food Access

Food security includes accessibility and affordability of food. In a food insecure environment, children and adults may experience adverse health outcomes, such as an increased risk of depression, cardiovascular disease, and peripheral arterial disease in older populations (Laraia, 2013). Across the eight-county service area, approximately one in ten individuals was food insecure in 2020, ranging from a low of 9.2 percent in LaGrange County to a high of 13.3 percent in Allen County. Access to healthy, nutritious food – including fruits and vegetables – is important for a healthy lifestyle. Additionally, Allen County had the highest percentage (9.8%) both low-income and with low access to a grocery store (Table 10). Table 10. Food Insecurity and Limited Access to Healthy Food

Measure	Year	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley	Parkview	IN
Food	2020	13.3%	11.0%	11.4%	10.0%	9.2%	9.4%	11.9%	10.1%	12.0%	13.3%
Insecurity*	2017	14.9%	12.3%	12.8%	11.4%	11.8%	11.5%	13.3%	11.3%	13.6%	15.3%
Limited Access	2020	9.8%	8.5%	8.5%	5.6%	0.1%	2.1%	4.7%	1.9%	7.5%	6.9%
to Healthy Foods**	2017	10.1%	8.5%	7.3%	7.1%	0.5%	3.1%	3.2%	1.8%	7.7%	6.3%

*Percent population lacking adequate access to food **Percent population low-income and do not live close to a grocery store Source: County Health Rankings and Roadmaps

Neighborhood and Built Environment

The built environment is the space in which we live, work, learn, and play and includes workplaces and housing, business and schools, landscapes, and infrastructure. The neighborhoods in which people live and the built environment influence the public's health, particularly in relation to safety and chronic diseases. Exposure to violent crime, access to locations for physical activity and access to broadband internet connection are just a few measures related to community safety and health.

Violent Crime

High crime rates can lead to mental distress, a lower quality of life, an increase in negative health outcomes, premature death or nonfatal injuries (Margolin et al., 2010). An example of the negative effect of a high crime rate in the neighborhood is a reluctance of residents to walk outdoors or permit their children to play or bike outside which can lead to obesity and related health issues. Violent crime rates in 2016 varied widely across the eight-county Parkview Health service area. The violent crime rate was highest in Allen County at 296 offenses per 100,000 population and lowest in Huntington County at 33 per 100,000 population in 2016 (Table 11).

Table 11. Number of Reported Violent Crime Offenses per 100,000 Population

Year	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley	IN
2016	296	117	33	159	103	158	51	•	385
2014	283	123	126	253	75	73	60	•	356

Source: County Health Rankings and Roadmaps

Exercise Opportunities

As shown in Table 12, the percent of the population that has adequate access to locations for physical activity decreased in several counties in the Parkview service area from 2017-2020. DeKalb, Kosciusko, LaGrange, Noble, Wabash and Whitley counties all have lower access to exercise opportunities compared to the state of Indiana.

Table 12. Percent of Population that has Access to Locations for Physical Activity

Yea	r	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley	Parkview	IN
202	0	78.2%	59.2%	76.5%	65.4%	24.4%	63.8%	68.6%	58.0%	69.9%	75.2%
201	7	81.8%	69.4%	82.4%	70.2%	32.0%	57.8%	57.2%	63.3%	73.1%	74.8%
-	-										

Source: County Health Rankings and Roadmaps

Broadband Access

More recently, broadband access has emerged as a social determinant of health. Digital equity is necessary to achieve health equity; employment opportunities, access to education, healthcare access, and social connectedness are all reliant on broadband internet connection to a degree. Rural areas and low-income urban areas are most likely to be affected by limited broadband access. The percentage of households with broadband internet connection increased in several counties within Parkview Health's service area from 2015-2019 to 2016-2020 (Table 13). However, DeKalb, Huntington, LaGrange, Noble and Wabash counties had a lower percentage of connected households compared to the state of Indiana in 2016-2020.

Table 13. Percent of Households With Broadband Internet Connection

Year	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley	Parkview	IN
2020	86.7%	80.5%	78.8%	83.0%	62.3%	80.7%	79.8%	84.0%	83.2%	83.2%
2019	84.2%	78.1%	78.8%	79.8%	58.8%	79.7%	74.7%	81.1%	81.4%	80.1%

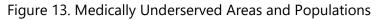
Source: County Health Rankings and Roadmaps (Five-year Averages)

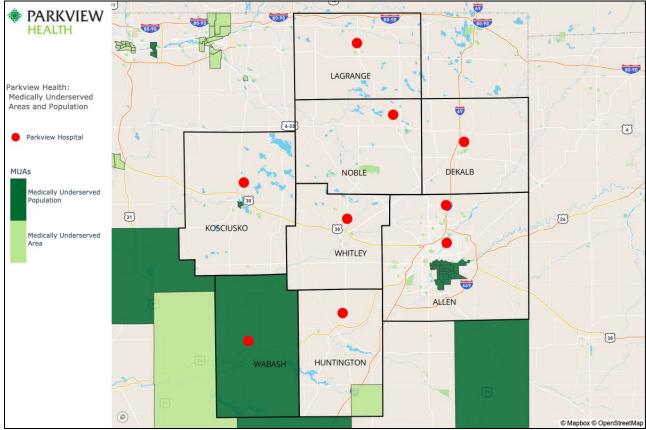
Access to Healthcare

Access to healthcare is critical to receiving necessary care in a timely manner. Indicators for access to healthcare include identifying medically underserved geographic areas and populations and rates of uninsured individuals.

Medically Underserved Areas and Populations

Medically underserved areas (MUA) and medically underserved populations identify geographic areas and populations with access barriers to primary care services. Using Health Resources & Services Administration 2022 data, medically underserved areas (Figure 13, light green) were mainly identified in Huntington County and in the southwest area bordering the Parkview Health primary service area. Several medically underserved populations were identified (Figure 13, dark green) mainly in Wabash County, Allen County, and in the south/southwest areas bordering the eight-county region.





Source: Health Resources & Services Administration, 2022

Health Insurance

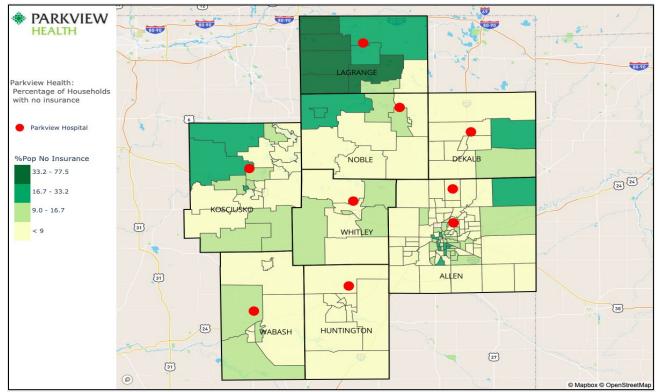
The percentage of the population without health insurance ranged from 7.1 percent in DeKalb County to 42.6 percent in LaGrange County, with 57.9 percent of children in LaGrange County without health insurance (Table 14). Individuals living in Amish communities are less likely to have traditional health insurance policies and instead rely upon their own community resources, which accounts for the high rate of uninsured individuals in LaGrange County. The map in Figure 14 illustrates the percentage of households without health insurance at the census tract level, highlighting areas in several counties with more than 16.7 percent of households having no health insurance.

	Year	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley	Parkview	IN
A 11	2020	8.0%	7.1%	6.6%	10.8%	42.6%	9.9%	8.2%	7.4%	10.3%	8.0%
All	2017	10.8%	10.5%	9.4%	11.8%	39.7%	9.2%	9.3%	7.6%	12.1%	10.3%
Adults	2020	10.8%	8.6%	9.7%	13.4%	40.7%	12.0%	11.8%	9.6%	12.7%	10.7%
(<65)	2017	14.7%	13.1%	12.2%	15.1%	37.7%	12.1%	13.3%	10.9%	15.4%	14.0%
Children	2020	5.9%	8.0%	3.6%	11.3%	57.9%	10.2%	6.0%	7.3%	9.9%	6.3%
Children	2017	7.5%	10.2%	8.3%	10.5%	53.1%	7.1%	6.4%	4.4%	10.4%	7.0%

Table 14. Percent of Population Without Health Insurance

Source: U.S. Census Bureau (American Community Survey 2013-2017 and 2016-2020 Five-year Averages)

Figure 14. Percent of Population with No Health Insurance



Source: U.S. Census Bureau (American Community Survey 2016-2020 Five-year Averages)

CRITICAL HEALTH CONCERNS

The current Community Health Needs Assessment was aimed at identifying critical health concerns for the Parkview Health service area. As such, both primary and secondary data were collected and synthesized to understand current health concerns. Health indicators for the Parkview Health service area were identified using secondary data from the Healthy Communities Institute (HCI) dashboard. Primary data were collected to identify community perceptions of health concerns and related service needs using survey methods. Healthcare and social services providers (e.g., physicians, nurses, social workers, etc.) and community residents throughout eight Parkview Health service area counties were invited to participate. These data sources are described in the following sections.

Secondary Data: County Level Health Indicators

The U.S. Census Bureau American Community Survey and the Parkview Health Community Dashboard developed by HCI were used as the main sources of secondary data. The dashboard includes data from the Indiana Hospital Association as well as the Indiana State Department of Health, National Cancer Institute, Centers for Disease Control and Prevention (CDC), Centers for Medicaid and Medicare Services, the National Center for HIV/AIDS, Viral Hepatitis, STD and TB Prevention, Institute for Health Metrics and Evaluation, County Health Rankings Roadmaps, U.S. Census Bureau, U.S. Department of Agriculture, and other sources. Additional relevant data for counties in the Parkview Health region was obtained from the Health Resources & Services Administration and the Association of Religion Data Archives, Mental Health America, CDC PLACES, CDC Underlying Cause of Death database, CDC Chronic Kidney Disease Surveillance System, CDC National Environmental Public Health Tracking Network, American Cancer Society, Indiana Youth Institute, and Alzheimer's Association.

The Parkview Health Community Dashboard developed by Healthy Communities Institute (HCI) was used to identify county indicators performing in the bottom quartile of U.S. Counties based on a sample of over 3,000 counties and county equivalents (Figure 15). If a comparison to U.S. counties was not available for an indicator, then a regional comparison to the Indiana state value was used. If neither a comparison to U.S. counties nor the Indiana region was available, then the indicator was not evaluated for performance. Clinical care ranking and physical environment ranking were the only indicators not available in the 2022 dashboard data compared to previous reports.

Figure 15. Example Snapshot from HCI Dashboard

Health / Medications & P	rescriptions VALUE	COMPARED TC):
Health / Mental Health &	Mental Disord	lers	
	VALUE	COMPARED TO):
Adults Ever Diagnosed with Depression	22.0% (2019)	U.S. Counties	US Value (18.8%)

Based upon review of 200+ indicators, Table 15. County Health Indicators Performing in the Bottom Quartile of U.S. Counties describes the health outcomes and behaviors for which any of the eight counties in the Parkview Health service area was in the lowest performing quartile of U.S. counties or was significantly worse than the Indiana region.

Forty-seven (47) HCI health indicators were either in the bottom performing quartile of U.S. counties or significantly worse compared to the Indiana region. Some health indicators relate to the same health condition (e.g., adults 20+ with diabetes and age-adjusted death rate for diabetes). If at least one indicator for a related health issue was in the bottom performing quartile or significantly worse than the state region, then that health issue was considered as a potential community health concern for Parkview Health. The 47 indicators were categorized into 16 general health issues, as shown in Table 15, County Health Indicators Performing in the Bottom Quartile of U.S. Counties.

Table 16 and Table 17 list the **social indicators (21) and access indicators (33)**, respectively, for which counties in the Parkview Health service area are in the bottom-performing quartile compared to U.S. counties or significantly worse than the Indiana region.

Table 15. County Health Indicators Performing in the Bottom Quartile of U.S. Counties

Health Issue	Health Indicator	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley
Aging	Alzheimer's Disease or Dementia*	Х						Х	
2 of 10 indicators in bottom quartile	Osteoporosis*			Х					
Alcohol Use 1 of 3 indicators in bottom quartile	Alcohol-Impaired Driving Deaths	х							
	Breast Cancer ⁺				Х				
	Oral Cavity and Pharynx Cancer ⁺							Х	
Company	Prostate Cancer [‡]	Х		Х			Х		Х
Cancer	Colorectal Cancer ⁺		Х	Х				Х	
7 of 11 indicators in bottom quartile	Colorectal Cancer [‡]							Х	
	Lung and Bronchus Cancer ⁺		Х				Х		Х
	Lung Cancer‡		Х				Х		
Cardiovascular Disease	Cerebrovascular Disease (Stroke)‡			Х		Х		Х	
2 of 13 indicators in bottom quartile	Heart Attack [‡] §				Х				
· · ·	Chronic Kidney Disease*			Х					
Chronic Diseases	Kidney Disease‡			Х		Х			
2 of 5 indicators in bottom quartile	Adults with COPD					Х			
· · · · · · · · · · · · · · · · · · ·	COPD*						Х		
	Adults with Current Asthma					Х			
Chronic Respiratory Diseases	Asthma*	Х		Х	Х			Х	
3 of 3 indicators in bottom quartile	Chronic Lower Respiratory Diseases [‡]		Х	Х				Х	
Diabetes	Diabetes (Adults 20+)	Х		Х					
2 of 3 indicators in bottom quartile	Diabetes‡				Х			Х	
	Controlled Substances Dispensed§					Х		Х	
Drug Use 2 of 6 indicators in bottom quartile	Non-Fatal Emergency Department Visits due to Opioid Overdose			Х		N/A		х	х
	Salmonella Infection+§			Х	Х	Х	Х		Х
	COVID-19 Daily Average ⁺			X					
Infectious Diseases	Gonorrhea ⁺	Х					Х		
5 of 8 indicators in bottom quartile	Chlamydia ⁺	X							
	Hepatitis C Prevalence§					N/A		Х	N/A
	Mothers not Receiving Early Prenatal Care§	Х	Х		Х	Х	Х		X
	Child Abuse Rate§		X			~	X	Х	X
Maternal/Child Health	Babies with Low Birth Weight§	Х		Х	Х		~	X	
6 of 6 indicators in bottom quartile	Preterm Births§	~		X	X			X	
	Infant Mortality Rate§				X		Х		N/A
	Teen Birth Rate (15-19) §	Х	Х		X		X	Х	X

	Depression (Adults Ever Diagnosed)					Х			
Mental Health	Depression*	Х		Х				Х	
5 of 6 indicators in bottom quartile	Frequent Mental Distress					Х			
5 of 6 thatcators in bottom quantie	Poor Mental Health: 14+ days					Х			
	Poor Mental Health: Average number of days					Х			
Obesity	Adults 20+ with Obesity	Х	Х	Х		Х	Х		
2 of 2 indicators in bottom quartile	Sedentary (Adults 20+)				Х				
Oral Health	Adults 65+ with Total Tooth Loss					х			
1 of 1 indicator in bottom quartile	Adults 65+ with Total Tooth Loss					^			
Public Safety	Motor Vehicle Traffic Collisions‡							х	
1 of 4 indicators in bottom quartile								^	
Tobacco Use	Adults who Smoke					Х		Х	
2 of 2 indicators in bottom quartile	Mothers who Smoked During Pregnancy§		Х	Х	Х		Х	Х	Х
Wellness and Lifestyle	Frequent Physical Distress					Х			
2 of 6 indicators in bottom quartile						Х			
	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley	
# Indicators in Low Or Significantly V	12	9	17	12	16	12	19	8	

Source: Parkview Health Community Dashboard, 2022. *Medicare Population. +Incidence Rate. ‡Age-Adjusted Death Rate. §Significantly Worse than Indiana Region.

Social Issue	Indicator	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley
Economy	Households that are Asset Limited, Income					х	х		
2 of 13 indicators in	Constrained, Employed (ALICE)§					^	^		
bottom quartile	Persons with Disability Living in Poverty				Х				
	4 th Grade Proficiency in English/Language Arts§	Х	Х				Х		Х
	4 th Grade Proficiency in Math§	Х					Х	Х	Х
	8 th Grade Proficiency in English/Language Arts§				Х		Х	Х	
Education	8 th Grade Proficiency in Math§	Х			Х			Х	Х
9 of 9 indicators in	People 25+ w/ a bachelor's degree or Higher					Х	Х		
bottom quartile	People 25+ w/ a High School Degree or Higher					Х	Х		
	Student-to-Teacher Ratio	Х	Х						
	Youth not in School or Working				Х	Х			
	Child Care Centers§					Х	Х		
Employment	Female Population 16+ in Civilian Labor Force					Х			
2 of 4 indicators in bottom quartile	Total Employment Change		х						
Environmental Health	Annual Ozone Air Quality	Х	N/A		N/A	N/A	N/A		N/A
2 of 4 indicators in bottom quartile	Blood Lead Levels in Children (≥5 micrograms per deciliter)§	Х	N/A	х	N/A	N/A		N/A	N/A
	Households w/ Internet Subscription					Х			
	Households w/ ≥1 Types of Computing Devices					Х			
Social Environment	Persons w/ Internet Subscription					Х			
6 of 7 indicators in	People 65+ Living Alone			Х					
bottom quartile	Social Associations					X			
	(membership per 10,000 population)					Х			
	Voter Turnout: Presidential Election§	Х							
	County				Kosciusko	LaGrange	Noble	Wabash	Whitley
	# Indicators in Lowest Quartile of U.S. Counties or Significantly Worse than Indiana Region			2	4	10	7	3	3

Table 16. County Social Indicators in the Bottom-Performing Quartile of U.S. Counties

Source: Parkview Health Community Dashboard, 2022. §Significantly Worse than Indiana Region.

Table 17. County Access Indicators in the Bottom Performing Quartile of U.S. Counties

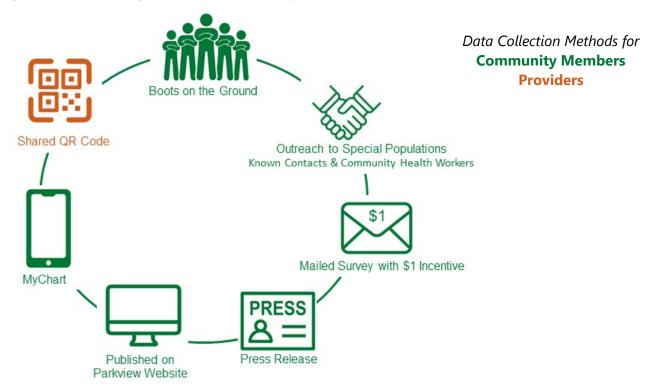
Access Issue	Indicator	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley
	Adults with Health Insurance: 18-64					Х			
	Persons with Health Insurance					Х			
	Children with Health Insurance				Х	Х	Х		
Access to Health Services	Non-Physician Primary Care Provider Rate ⁺					Х	Х	Х	Х
8 of 11 indicators in bottom quartile	Primary Care Provider Rate ⁺					Х	Х		
	Dentist Rate ⁺					Х	Х		
	Mental Health Provider Rate ⁺					Х			
	Preventable Hospital Stays*		Х				Х		
	Children with Low Access to a Grocery Store	Х							
	People with Low Access to a Grocery Store	Х							
	Households' w/o Car								
Food Access	& Low Access to a Grocery Store					Х			
6 of 17 indicators in bottom quartile	Grocery Store Density ⁺		Х						Х
	Fast Food Restaurant Density ⁺			Х	Х			Х	
	SNAP Certified Stores					Х			Х
Safe & Healthy Environment	Houses Built Prior to 1950		Х	Х			Х	Х	
2 of 2 indicators in bottom quartile	Access to Exercise Opportunities					Х			
· · · ·	Homeowner Vacancy Rate					Х		Х	
	Overcrowded Households§				Х	Х	Х		
Housing Affordability & Supply	Median Monthly Owner Costs for Households								
4 of 10 indicators in bottom quartile	w/o a Mortgage§								Х
	Median Housing Unit Value§	Х	Х	Х			Х	Х	
	Adults who Visited a Dentist					Х			
	Cervical Cancer Screening: 21-65					Х			
	Cholesterol Testing History					Х			
	Colon Cancer Screening					Х			
Preventive Care	Mammogram in Past 2 Years: 50-74					Х			
9 of 12 indicators in bottom quartile	Mammography Screening*		Х						
	Persons Fully Vaccinated Against COVID-19				Х	Х	Х	Х	
	Received Rec'd Preventive Services: Male 65+	Х			Х	Х	Х		Х
	Received Rec'd Preventive Services: Female 65+		Х			Х	Х	Х	
Transportation	Household without a Vehicle					Х	Х		
	Workers Commuting by Public Transportation		Х						
	Workers who Drive Alone to Work		X	Х				Х	Х
4 of 6 indicators in bottom quartile	Workers who Walk to Work	1	X						X
	County	Allen		Huntington	Kosciusko	LaGr <u>ange</u>	Noble	Wabash	
	vest Quartile of U.S. Counties Worse than Indiana Region	4	9	4	5	21	12	8	7

Source: Parkview Health Community Dashboard, 2022 *Medicare Population. *Per 100,000 population. \$Significantly Worse than Indiana Region.

Primary Data: Survey Methods & Results

Parkview service area community member and provider input was gathered via multiple recruitment and data collection methods (Figure 16): 1) e-mail to healthcare and social service providers with an embedded online survey link; 2) mailed paper and e-mailed online surveys to community members; 3) paper surveys distributed to individuals, clinics or organizations serving Hispanic, Amish, or People of Burma populations; 4) in-person recruitment at locations providing services to low-income populations throughout the eight counties and 5) press release and social media notifications with a survey link. The relevant data collection methods are described below. Descriptive statistics were calculated for all survey items. A summary of responses by community, special populations, and providers for each county is provided for health concerns (Table 18) and service needs (Table 19).

Figure 16. Multi-Pronged Approach to Primary Data Collection



Community Survey

A survey (Appendix B), conducted from March through May 2022, was designed to collect community member perspectives of the top health issues and services needed in their local communities. A multipronged approach was used to obtain community input: 1) a recruitment email with an embedded survey link was sent via the Parkview patient portal to all Parkview patients with portal communication preferences indicating a willingness to receive surveys/questionnaires; 2) printed paper surveys were mailed to 2500 randomly selected households in each county (it is unknown if members of these households have ever been served by Parkview); 3) paper surveys were distributed to community health workers and locations serving Hispanic, Amish, or People of Burma populations; 4) press release and social media notifications were posted with links to the survey; and 5) in-person teams of research assistants recruited participants at various public locations, such as libraries, YMCAs, and retail stores throughout the eight-county service area (Table 20). The research team coordinated with local health departments and known contacts in each county to identify locations to survey underrepresented or vulnerable populations. Table 20 details the targeted population and location for each county.

			СОММИ	NITY PERCEP	TIONS by CO	DUNTY			SPECIAL	. POPUL		PROVIDERS	MEAN
	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley	Hispanic	Amish	People of Burma		
Obesity	1	1	2	2	2	2	2	1	1	4	3	3	2.0
Substance Abuse	4	2	1	1	1	1	1	3	2	5	8	2	2.6
Chronic Disease	2	4	4	3	3	5	3	2	5	3	1	4	3.3
Mental Health	3	3	3	4	4	4	4	4	3	6	4	1	3.6
Alcohol Abuse	5	6	6	7	5	6	6	7	4	2	6	6	5.5
Tobacco Use	7	5	5	8	6	3	7	5	6	1	13	5	5.9
Aging	6	7	8	5	7	7	5	6	9	9	11	7	7.3
Child Abuse	8	8	7	6	8	8	8	8	8	8	15	8	8.3
Violent Crime	9	12	11	9	14	10	11	14	7	12	10	10	10.8

Table 18. Top Ranked Health Concerns from Community and Provider Survey Data

Table 19. Top Ranked Service Needs from Community and Provider Survey Data

	COMMUNITY PERCEPTIONS by COUNTY							SPECIAL POPULATIONS			PROVIDERS	MEAN	
	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley	Hispanic	Amish	People of Burma		
Mental Health	1	1	2	2	2	2	2	1	3	4	7	1	2.2
Substance Abuse	2	2	1	1	1	1	1	2	1	1	13	2	2.4
Food	3	4	3	3	8	4	3	3	5	7	1*	5	4.1
Primary Care Provider	6	6	4	6	4	5	10	7	4	5	4	11	6.0
Senior Services	7	7	8	5	6	9	9	4	12	12	1*	6	7.1
Recreational Spaces	4	3	7	7	3	3	11	5	11	3	17	10	7.4
Childcare	10	5	6	4	5	6	5	10	6	10	17	3	7.5
Health Insurance	9	8	5	8	11	8	4	6	2	16	12	9	8.0
Gun Safety	8	10	10	9	7	7	7	11	8	2	5	16	8.4
Birth Control	5	9	11	10	9	11	8	8	7	15	1*	12	9.2
Job Training	12	11	9	11	14	10	6	9	10	11	14	14	10.9
Transportation	16	15	12	16	12	16	15	15	16	9	15	4	13.7

*Food, senior services, and birth control tied for top concern.

Table 20. Community Survey Outreach

Community Location	Description
YMCA – Allen, DeKalb, Huntington, Kosciusko, Noble, Wabash, and Whitley counties	The YMCA is a non-profit, community-centered organization that provides programs and services to foster community development and help people (including underserved community members) learn, grow, and thrive.
Public Library – Allen, DeKalb, LaGrange, and Noble counties	Public libraries aim to enrich the community and encourage lifelong learning by providing services that meet the informational, educational, and recreational needs of diverse populations, such as learning job skills, finding health information, and exploring digital technologies.
Lutheran Church – Allen County	This Lutheran church serves a diverse population and supports the local community through involvement with area neighborhood associations, social services, and schools.
Pharmacy – LaGrange County	This pharmacy promotes the health and welfare of the community by providing healthcare services and health education for a predominantly Amish population.
Coffee Shop – Noble and Wabash counties	These coffee shops serve a diverse population and support community outreach at local events.
Thrift Store – Wabash County	This thrift store is a non-profit organization that supplies clothing, household items, hygiene products, and Holiday food baskets for low-income or otherwise struggling community residents.

Our data collection methods recruited a convenience sample, as such the results are subject to selection bias and reduced generalizability to the entire eight-county service region. The survey contained demographic questions (gender, race, ethnicity, age, zip code), a list of 17 health issues, and 18 service needs. Respondents indicated whether each health issue was a concern (yes/no) and the importance of each service need (1=least important, 5=most important). Service needs rated as "5 Most Important" are reported. Frequencies reported for the full sample were algorithmically weighted to account for differences in the demographic composition of survey participants compared to the demographics of each county. Figure 17 shows the number of respondents across the eight Parkview Health service area counties.

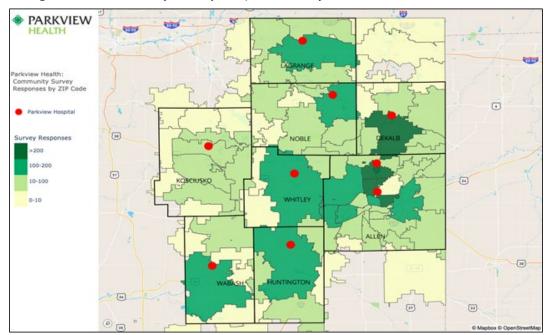


Figure 17. Community Survey Respondents by ZIP Code

Community Survey Results

The demographics of the Huntington County community survey respondents can be found in Table 21. Overall, the majority of respondents were female (68.3%), White (97.2%), and respondents 65 years and older were well-represented (41.0%). Community respondents ranked substance use and abuse as their top health concern, followed by obesity and mental health (Figure 18). Substance abuse services was rated as the top service need followed by mental health counseling and access to food (Figure 19).

	Allen	DeKalb	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley	All
Demographic	n=2685	n=406	n=254	n=206	n=347	n=350	n=193	n=216	n=4657
Female	62.5%	61.6%	68.3%	62.1%	66.9%	69.1 %	61.7%	63.4%	63.5%
Male	35.9%	36.7%	31.4%	36.4%	32.0%	29.1%	37.8%	35.2%	35.0%
Transgender	0.2%	0.5%	0%	0%	0%	0%	0%	0%	0.2%
Other	0.5%	0%	0%	1.0%	0%	0.6%	0%	0%	0.3%
Decline	1.0%	1.2%	0.4%	0.5%	1.2%	1.1%	0.5%	1.4%	1.0%
18-44 years	22.0%	29.4%	21.5%	18.5%	34.3%	28.9%	19.6%	15.4%	23.5%
45-64 years	33.1%	32.7%	37.5%	29.7%	34.3%	33.3%	34.9%	38.3%	33.6%
65+ years	44.9%	38.0%	41.0%	51.8%	31.4%	37.8%	45.5%	46.3%	42.9%
American Indian/	0.7%	0.5%	0.8%	0%	0.6%	0%	2.1%	1.4%	0.7%
Alaskan Native									
Asian	4.3%	0%	0%	0.5%	0.3%	0.6%	1.0%	0.5%	2.6%
Black/African American	4.5%	0.3%	0.8%	0%	0.9%	0.3%	1.6%	0.9%	2.9%
Native Hawaiian/	0%	0%	0%	0%	0%	0%	0.5%	0%	0.02%
Pacific Islander									
White	86.4%	95.1%	97.2%	97.6%	94.8%	96.0%	93.8%	95.4%	90.3%
Other	2.4%	2.2%	0.4%	1.5%	1.4%	0.6%	2.1%	0.9%	2.0%
Decline	2.7%	2.5%	2.0%	1.5%	2.9%	2.6%	1.0%	2.3%	2.5%
Hispanic/Latino	3.5%	1.7%	0.8%	1.0%	3.2%	1.4%	1.1%	0.5%	2.7%
< \$35,000	14.1%	17.1%	14.4%	13.6%	18.1%	20.1%	22.1%	13.3%	15.4%
\$35,000-\$74,999	31.2%	25.9%	29.2%	32.3%	28.4%	27.9%	29.0%	28.0%	30.0%
\$75,000+	40.1%	43.2%	37.6%	36.9%	43.8%	41.3%	33.7%	40.8%	40.2%
Decline	14.6%	13.8%	18.8%	17.2%	9.7%	10.8%	15.3%	18.0%	14.4%
Household with children	24.9%	26.3%	21.5%	18.5%	36.7%	33.3%	18.2%	17.1%	25.4%

Table 21. Sample Demographics by County and Overall

Figure 18. Top Community Health Concerns (Community Perceptions)

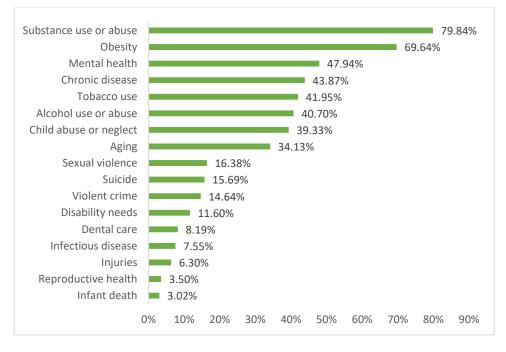
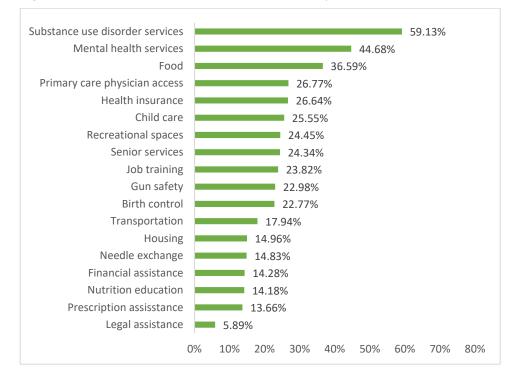


Figure 19. Top Social Service Needs (Community Perceptions)



Community Survey - Special Populations

Hispanic, Amish, and People of Burma (Myanmar) populations have been underrepresented groups in past CHNA surveys. To increase survey response for these populations, surveys were: 1) translated into Spanish and Burmese; and 2) individuals known to these groups recruited participants and distributed surveys. Survey results for these special populations are presented in the 2022 CHNA Parkview Health Systemwide Report.

Provider Survey

An online survey of health and social service providers in the Parkview service area was conducted to assess perceptions of community health concerns and service needs. Providers were invited to participate during a Parkview provider quarterly meeting (February 2022) and via an email with a link to the survey sent to Parkview employed and non-Parkview employed healthcare and community service providers throughout the eight-county service area. The survey used in the previous health needs assessment was updated by adding COVID-19 to the list of infectious diseases. The survey covered aspects of the provider's work including the setting in which they practiced, the duration of time in practice in the region/county, and their perception of the chief public health concerns, barriers to care, and awareness of available resources in their communities. We did not collect the workplace organization name to protect the privacy of the respondents.

A total of 396 providers responded to the survey. Most respondents practiced in Allen County (39.7%), followed by Huntington County (19.2%) (Table 22). Respondents were primarily female (68.9%) and White (91.7%). Providers were asked how long they had practiced in their county in the Parkview Health service area. About one-third (30.6%) of the respondents had been in practice for more than 20 years. This suggests that a good proportion of the responding providers had spent most of their careers in the county they specified, thus were more likely to be aware of the community's needs and concerns. About a quarter (24.5%) of providers were relatively new, with one to five years of practice in this region.

Overall, the most frequent provider type was physician (23.2%) and the most frequent work setting was outpatient clinic (primary care: 19.9%; specialized care: 18.9%) (Table 23).

Characteristic	Allen (n=157)	DeKalb (n=16)	Huntington (n=76)	Kosciusko (n=17)	LaGrange (n=36)	Noble (n=41)	Wabash (n=16)	Whitley (n=32)	All (n=396)
Female	65.6	56.3	68.4	70.6	75.0	73.2	75.0	75.0	68.9
Male	31.8	43.8	30.3	29.4	22.2	22.0	25.0	25.0	29.0
Decline	2.5	0.0	1.3	0.0	2.8	4.9	0.0	0.0	2.0
White	84.7	100.0	94.7	100.0	97.2	95.1	100.0	100.0	91.7
Black	0.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5
Asian	4.5	0.0	2.6	0.0	0.0	0.0	0.0	0.0	2.5
Other	0.6	0.0	0.0	0.0	2.8	4.9	0.0	0.0	0.3
Decline	5.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0
Hispanic	0.0	0.0	2.6	0.0	0.0	0.0	0.0	6.3	1.0
Years in Practice									
< 1 year	5.1	12.5	7.9	5.9	2.8	7.3	12.5	0.0	6.3
1-5 years	30.6	18.8	14.5	5.9	38.9	19.5	31.3	21.9	24.5
6-10 years	19.1	18.8	13.2	23.5	25.0	9.8	12.5	6.3	16.2
11-15 years	5.7	12.5	17.1	17.6	11.1	19.5	12.5	21.9	12.1
16-20 years	6.4	25.0	15.8	0.0	5.6	7.3	12.5	6.3	9.1
> 20 years	33.1	12.5	28.9	47.1	16.7	34.1	18.8	43.8	30.6
Not Answered	0.0	0.0	2.6	0.0	0.0	2.4	0.0	0.0	1.3

 Table 22. Provider Survey Respondents Demographics by County and Overall (percentage)

Table 23. Provider Survey Respondents Type and Work Setting by County and Overall (percentage)

Type/Setting	Allen (n=157)	DeKalb (n=16)	Huntington (n=76)	Kosciusko (n=17)	LaGrange (n=36)	Noble (n=41)	Wabash (n=16)	Whitley (n=32)	All (n=396)
Provider Type									
Physician	38.9	31.3	13.2	5.9	2.8	4.9	12.5	25.0	23.2
Physician's Assistant	3.8	0.0	0.0	0.0	0.0	0.0	0.0	3.1	1.8
Nurse Practitioner	28.0	18.8	5.3	0.0	0.0	7.3	25.0	6.3	15.4
Registered Nurse	1.9	6.3	11.8	5.9	22.2	14.6	18.8	9.4	8.6
Mental/Behavioral Health	8.3	12.5	6.6	5.9	41.7	12.2	0.0	3.1	10.6
Other Health Care	3.8	0.0	19.7	5.9	0.0	9.8	6.3	3.1	7.3
Community/Social Services	5.1	18.8	15.8	29.4	5.6	24.4	18.8	25.0	12.9
Public Health/ Community Health	1.9	0.0	3.9	23.5	2.8	0.0	12.5	12.5	4.3
Social Work/Case Management	7.0	6.3	7.9	23.5	16.7	0.0	6.3	6.3	7.8
Public Sector	0.6	6.3	7.9	0.0	2.8	22.0	0.0	3.1	4.8
Education	0.0	0.0	5.3	0.0	2.8	2.4	0.0	3.1	1.8
Not Answered	0.6	0.0	2.6	0.0	2.8	2.4	0.0	0.0	1.5
Setting									
Outpatient - Primary Care Clinic	22.9	37.5	17.1	5.9	0.0	7.3	43.8	34.4	19.9
Outpatient - Specialized Care	35.7	6.3	9.2	5.9	8.3	9.8	0.0	6.3	18.9
Urgent Care Clinic	3.2	6.3	0.0	0.0	0.0	0.0	0.0	0.0	1.5
Community Health Center	1.3	6.3	5.3	11.8	8.3	7.3	6.3	3.1	4.3
County Health Department	0.6	6.3	1.3	5.9	5.6	2.4	0.0	12.5	2.8
Hospital - Specialized Care	13.4	0.0	9.2	0.0	8.3	9.8	6.3	0.0	9.3
Hospital - Emergency Care	1.3	0.0	3.9	0.0	2.8	4.9	0.0	3.1	2.3
School	1.3	0.0	27.6	17.6	27.8	7.3	25.0	15.6	12.1
In home	4.5	0.0	1.3	5.9	19.4	0.0	0.0	0.0	4.0
Not-for-Profit	8.9	18.8	13.2	41.2	5.6	24.4	18.8	21.9	14.1
Public Sector/Out in the community	0.6	6.3	6.6	5.9	5.6	19.5	0.0	3.1	4.8
Behavioral Health	5.7	12.5	3.9	0.0	8.3	4.9	0.0	0.0	4.8
Not answered	0.6	0.0	1.3	0.0	0.0	2.4	0.0	0.0	1.0

Providers perceived that the top three greatest community health needs were substance use or abuse, obesity, and mental health (Figure 20).

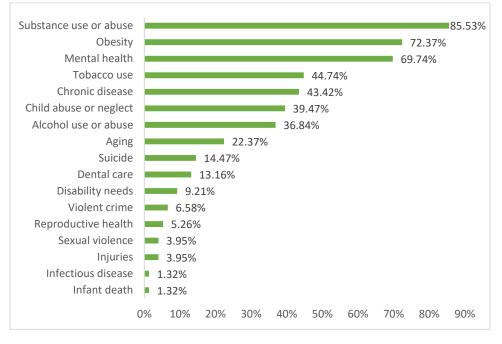
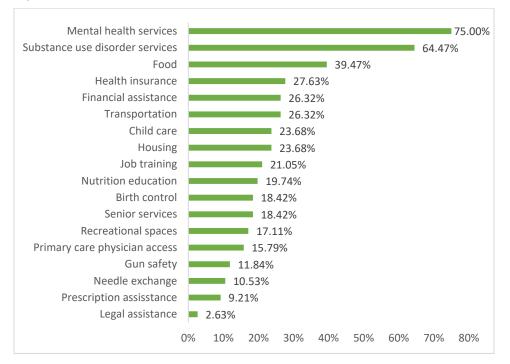


Figure 20. Community Health Issues of Greatest Concern (Provider Perceptions)

The most important service needs identified by providers in Huntington County included mental health counseling, substance abuse services, and access to food (Figure 21).

Figure 21. Greatest Social Service Needs (Provider Perceptions)



Data Considerations and Limitations

The HSIR team and Parkview Health employed innovative data collection methods to gather survey data from all counties and vulnerable or under-represented groups. As well, a wide range of existing secondary data sources were used. However, several limitations of the data should be considered when

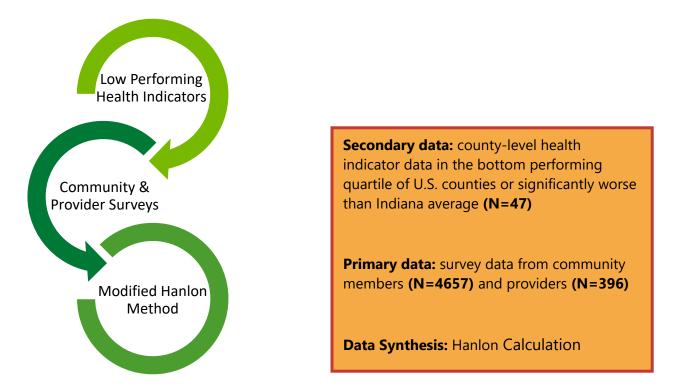
interpreting the findings. Although the health concerns and service needs represent a broad set of health-related issues, available secondary data varied in the number of related health indicators. For some health concerns, multiple health indicators have been established, while for other health concerns, the available health indicators were limited in number or relevance. The survey data was collected from a convenience sample as a random-sampling approach was not feasible in this type of project. As a result, the survey data are limited in the extent to which they represent the characteristics of the Parkview Health service area.

PRIORITIZATION OF HEALTH NEEDS

Data Synthesis

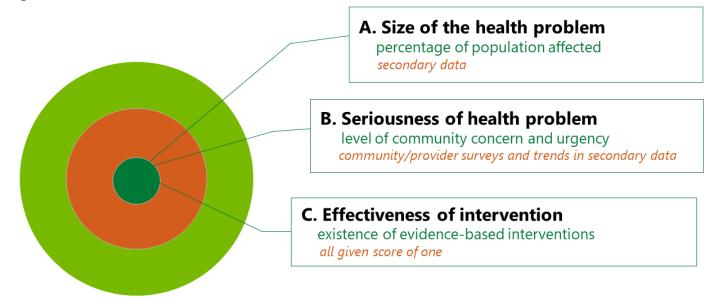
To organize and rank order significant health needs across the Parkview Health eight-county region, primary data from community and provider surveys and secondary data were combined using a modified Hanlon score (Figure 22). Each health indicator corresponded to a health concern from the survey, thus health domains from the survey were used to cluster health indicators.

Figure 22. Culmination of Data to Create List of Top Ten Health Priorities



For each health indicator, scores for percentage of the population affected (size), percentage of community respondents endorsing the corresponding health concern (seriousness), percentage of provider respondents endorsing the corresponding health concern (seriousness), trend in health indicator (seriousness), and existence of evidence-based interventions (effectiveness of intervention) were assigned.

Figure 23 displays the separate elements comprising the Hanlon score (Appendix C). Hanlon Priority scores were calculated using the following equation: Priority Score $D = [A + (4.167 \times B)] \times C$



As shown in Table 24, Hanlon scores ranged from 27.5 to 5.81 for the 31 bottom-performing health indicators, with higher scores indicating a higher priority. According to the Hanlon scores, the top health concerns were mental health, obesity, and chronic disease (see Table 24).

Prioritization Process

Parkview Huntington Hospital will adopt the #1 health priority of mental health that was set for the Parkview Health region on August 22, 2022. As a continuation of the prioritization process, Parkview Huntington Hospital presented to the Parkview Huntington Hospital Board of Directors at a meeting held on August 24, 2022 to engage Huntington County community members in the prioritization process. The data from the 2022 CHNA was presented to the 11-member Board of Directors who had thoughtful discussions around the data from the assessment and voted on what they thought should be the top two priorities for Huntington County. Substance Use/Abuse and Child Abuse and Neglect were approved in addition to the shared Mental Health priority for the next three years.

These priorities were then shared and discussed at the September 8, 2022 Empowering Humanities meeting which includes community partners from a variety of local organizations (SCAN, Anthem Medicaid, Pathfinders, YWCA of Fort Wayne, Project Recovery, Huntington House, Place of Grace, Huntington County Health Department, Bowen Center, Huntington Parks and Recreation, Stillwater Hospice, Parkview Huntington Family YMCA, Huntington University, YSB, McKenzie's Hope, DCS, Child Support Office, United Way of Huntington County).

Table 24. Hanlon priority scores by bottom performing Healthcare Indicator

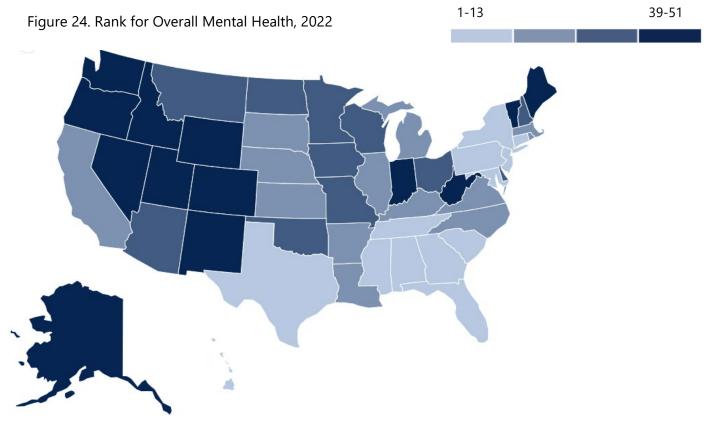
Survey	Health Indicator	Size of I Probl		Serious	mess of He	alth Proble	em	Effectiveness of Intervention	Priority	Rank
Domain		Size of Problem	Score	Community Concern	Provider Concern	Urgency	Score	Score	Score	
Obesity	Adults with obesity	37.4	9.0	1.5	1.5	1.5	9.7	1	28.50	1
Mental health	Adults with depression	22.1	8.0	1	1.5	2.0	9.7	1	27.50	2
Substance use	Non-fatal opioid overdose (ED)	0.12	3.0	1.5	2	1.5	10.8	1	24.67	3
Chronic disease	Adults with current asthma	10.0	7.0	1	1	2.0	8.7	1	24.33	4
Chronic disease	Adults with COPD	9.0	6.0	1	1	2.0	8.7	1	23.33	5
Alcohol use	Excessive drinking	17.6	8.0	1	0.5	2.0	7.6	1	23.17	6
Chronic disease	Adults with kidney disease	3.1	5.0	1	1	2.0	8.7	1	22.33	7
Mental health	Frequent mental distress	13.4	7.0	1	1.5	1.0	7.6	1	22.17	8
Mental health	Poor mental health for 14+ days	15.2	7.0	1	1.5	1.0	7.6	1	22.17	9
Obesity	Sedentary adults	28.5	9.0	1.5	1.5	0.0	6.5	1	22.00	10
Tobacco use	Adults who smoke	18.8	8.0	1	1	1.0	6.5	1	21.00	11
Chronic disease	Adults with cancer	8.0	6.0	1	1	1.0	6.5	1	19.00	12
Chronic disease	Chronic lower respiratory disease death	0.11	3.0	1	1	1.5	7.6	1	18.17	13
Child abuse	Child abuse and neglect	1.8	5.0	0.5	0.5	2.0	6.5	1	18.00	14
Chronic disease	Adults with diabetes	14.1	7.0	1	1	0.5	5.4	1	17.83	15
Chronic disease	Adults w/ coronary heart disease	7.2	6.0	1	1	0.5	5.4	1	16.83	16
Chronic disease	Adults who experienced stroke	3.6	5.0	1	1	0.5	5.4	1	15.83	17
Injuries	Motor vehicle traffic collision death	11.3	7.0	0	0	1.5	3.2	1	13.50	18
Reproductive	Preterm births	11.8	7.0	0	0	1.5	3.2	1	13.50	19
Reproductive	Babies with low birthweight	8.6	6.0	0	0	1.5	3.2	1	12.50	20
Infectious disease	Chlamydia	0.30	3.0	0	0	2.0	4.3	1	11.67	21
Infectious disease	Gonorrhea	0.10	3.0	0	0	2.0	4.3	1	11.67	22
Disability needs	Frequent physical distress	11.6	7.0	0	0	1.0	2.2	1	11.33	23
Reproductive	Mothers not in early prenatal care	28.8	9.0	0	0	0.5	1.1	1	11.17	24
Aging	Alzheimer's disease or dementia	2.0	5.0	0.5	0.5	0.0	2.2	1	9.33	25
Aging	Osteoporosis: medicare population	1.3	5.0	0.5	0.5	0.0	2.2	1	9.33	26
Infectious disease	Hepatitis C	0.07	2.0	0	0	1.5	3.2	1	8.50	27
Infant death	Infant mortality rate	5.5	6.0	0	0	0.5	1.1	1	8.17	28
Infectious disease	Salmonella infection	0.022	1.0	0	0	1.5	3.2	1	7.50	29
Reproductive	Mother smoked during pregnancy	17.3	7.0	0	0	0.0	0.0	1	7.00	30
Reproductive	Teen births	2.5	5.0	0	0	0.0	0.0	1	5.00	31

Prioritized Health Needs

This section presents the top 10 health concerns included in the prioritization session. Mental Health was selected as the systemwide shared health priority for Parkview Health for 2022-2025.

Mental Health

Mental health is a critical component to overall physical health and a sense of well-being throughout the lifespan. However, as depicted in Figure 24, Indiana is one of the lowest ranked states across the U.S. In 2022, Indiana was ranked 26th for youth mental health, 43rd for adult mental health, and 42nd for overall mental health. These rankings incorporate measures of both prevalence of mental illness and access to mental health services. The following six conditions were included in defining 'overall' mental illness: (1) adults with any mental illness, (2) adults with substance use disorder in the past year, (3) adults with serious thoughts of suicide, (4) youth with at least one major depressive episode in the past year, (5) youth with substance use disorder in the past year, and (6) youth with severe major depressive episode.



Source: Mental Health in America

As shown in Table 25, the number of poor mental health days and percentage of adults experiencing frequent mental distress showed an increasing trend across all eight counties included in the Parkview Health service area. Though the ratio of mental health providers to the population improved from 2017 to 2020 in the Parkview Health service area, five counties were below the Indiana state level, and all eight counties were below the best performing counties in the U.S., which have a ratio of one mental health provider for every 250 people. For three counties, the number of deaths due to suicide increased from 2017 to 2020.

Table 25. Mental Health Indicators and Trends by County

County	ment a Ave	mber of al health rage num ast 30 day adjusted	ber in ys, age	heal	Population: Mental health providers ² Ratio of Population: One Provider		Frequent mental distress % Adults reporting 14+ days poor mental health per month 2017 2020 Trend				i ber of c l e to sui d Count		Deaths due to suicide Age-adjusted rate per 100,000 population ³		
	2017	2020	Trend	2017	2020	Trend	2017	2020	Trend	2017	2020	Trend	2017	2020	Trend
Allen	3.9	4.5	٨	657:1	546:1	V	11.8	14.0	٨	62	44	V	16.3	11.3	v
DeKalb	3.9	4.6	٨	1852:1	<u>1601:1</u>	v	11.7	13.6	٨	5	4	v	•	•	
Huntington	3.9	4.4	٨	1593:1	<u>1250:1</u>	V	11.6	13.4	٨	6	3	v			
Kosciusko	3.8	4.2	٨	696:1	606:1	v	11.2	13.0	٨	6	12	٨	•	<u>15.1</u>	۸
LaGrange	4.1	4.6	٨	3234:1	<u>2314:1</u>	v	12.2	13.5	٨	5	4	v		•	
Noble	4.0	4.1	٨	1224:1	<u>1080:1</u>	v	11.8	12.9	٨	6	7	٨	•	•	
Wabash	4.0	4.5	٨	527:1	417:1	v	11.9	13.8	٨	5	3	v		•	
Whitley	3.7	4.4	٨	1591:1	<u>1217:1</u>	v	10.8	13.0	٨	6	7	٨		•	
Indiana		<u>4.7</u>			<u>623:1</u>			<u>15.0</u>			<u>1017</u>			<u>14.9</u>	

Notes: ¹Top performers in U.S.: 4.0 days or less, ²Top performers in U.S.: 250:1, ³Rates are only provided for counties with 10 or more reported deaths from suicide. Source: County Health Rankings and Roadmaps and the Indiana State Department of Health

Table Key:

Improving Trend	V or A
Worsening Trend	V or A
Stable Trend	-
Data Not Available	•
Worse than State Average	<u>#</u>

Obesity

The medical criterion for obesity is met when body mass index is greater than 30.0. Obesity occurs in all age groups and disproportionately affects people of lower socioeconomic status and minority racial/ethnic groups. Many complications can occur as a direct or indirect result of obesity, such as high blood pressure, asthma, and low self-esteem (CDC Overweight & Obesity, 2022). Table 26 shows the percentage of adults with obesity. Rates of obesity in 2020 increased from 2017 in seven of eight counties in the Parkview Health service area and ranged from a low of 30.3% in DeKalb County to a high of 38.2% in Noble County. These high rates for obesity coincided with decreasing access to locations for physical activity, resulting in 21.8–28.5% of adults being physically inactive across the Parkview service area.

County	% Adults	dult obes i s (>age 18) ≥ 30 kg/m ³	with BMI	% Adult	sical inact s (>age 18) e physical a) with no	Access to exercise opportunities % Population who have access to locations for physical activity			
	2017	2020	Trend	2017	2020	Trend	2017	2020	Trend	
Allen	30.1	32.3	^	23.3	22.6	v	81.8	78.2	v	
DeKalb	32.8	30.3	v	24.3	21.8	v	69.4	<u>59.2</u>	v	
Huntington	32.6	<u>37.4</u>	^	26.5	<u>28.5</u>	^	82.4	76.5	v	
Kosciusko	33.2	<u>34.4</u>	^	23.2	25.8	^	70.2	<u>65.4</u>	v	
LaGrange	34.2	<u>37.0</u>	٨	26.2	25.3	v	32.0	<u>24.4</u>	v	
Noble	31.8	<u>38.2</u>	٨	25.8	<u>28.5</u>	۸	57.8	<u>63.8</u>	^	
Wabash	31.6	<u>34.5</u>	^	34.4	26.2	v	57.2	<u>68.6</u>	^	
Whitley	32.0	<u>36.6</u>	^	26.1	26.3	^	63.3	<u>58.0</u>	v	
Indiana		<u>33.4</u>			<u>26.7</u>			<u>75.2</u>		

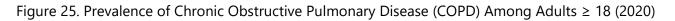
Table 26. Obesity Indicators and Trends by County

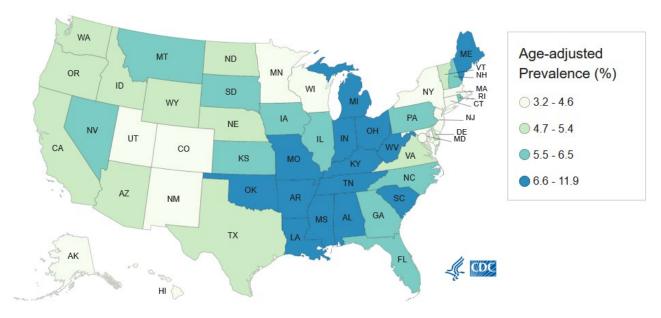
Source: County Health Rankings and Roadmaps

Chronic Disease

The following chronic diseases were scored highly and included in the prioritization session: chronic obstructive pulmonary disease, asthma, chronic kidney disease, cardiovascular disease, and diabetes.

Respiratory diseases, such as chronic obstructive pulmonary disease (COPD) and asthma, affect the lungs and other parts of the respiratory system. **COPD** includes a group of diseases that lead to breathing-related problems. As shown in Figure 25, age-adjusted prevalence of COPD is 6.6–11.9 in Indiana. Smoking is a leading cause of COPD. As shown in Table 27, rates of smoking tobacco increased from 2017 to 2020 in seven of eight counties in the Parkview Health service area.





Data source: Centers for Disease Control and Prevention

Table 27. COPD Indicators and Trends by County

County		hronic lower resp ed rate per 100,000		% Adults w	ho are curre	ent smokers
	2017	2020	Trend	2017	2020	Trend
Allen	49.9	52.0	۸	17.8	19.8	٨
DeKalb	75.4	<u>66.1</u>	v	18.8	19.8	٨
Huntington	85.7	<u>80.0</u>	v	18.0	18.8	٨
Kosciusko	58.3	52.2	v	18.3	19.0	٨
LaGrange	59.2	41.6	v	19.1	18.9	v
Noble	78.4	<u>58.5</u>	v	17.8	18.9	٨
Wabash	69.0	<u>63.5</u>	v	17.0	18.6	٨
Whitley	60.3	56.6	v	16.2	18.5	٨
Indiana		<u>53.7</u>			<u>21.8</u>	

Source: Indiana State Department of Health and County Health Rankings and Roadmaps

Asthma is a chronic, incurable disease which makes breathing difficult due to the inflammation and narrowing of a person's airways. Symptoms include wheezing, coughing and chest tightness (CDC Asthma, 2022a). Though rates for deaths from chronic lower respiratory disease improved in seven of eight counties in the Parkview Health service area, five counties sustained rates above the Indiana state level (see Table 28). Hospitalizations due to asthma showed improvement in four counties, while Emergency Department (ED) visits due to asthma improved in six counties. Unfortunately, trends in air pollution worsened for the entire Parkview Health service area.

Table 28. Asthma Indicators and Trends by county

County	chı respir Age-ad	aths du ronic lo ratory d djusted r	wer l isease rate per	du Age-a	pitaliza e to ast djusted i 00 popu	hma rate per	dep du Age-a	Emerge artmen e to ast adjusted	t visits hma rate per	Air pollution Average daily density of fine particulate			
	2017	2020	Trend	2017	2019	Trend	2017	2019	Trend	2017	2020	Trend	
Allen	49.9	52.0	٨	5.8	<u>5.4</u>	v	35.7	36.1	٨	11.3	<u>12.6</u>	٨	
DeKalb	75.4	<u>66.1</u>	v	4.3	3.1	v	19.9	23.7	٨	11.0	<u>12.4</u>	٨	
Huntington	85.7	<u>80.0</u>	v	4.2	3.6	v	30.6	25.4	V	11.2	<u>12.3</u>	٨	
Kosciusko	58.3	52.2	v	1.7	1.9	٨	33.0	24.7	v	11.3	<u>12.8</u>	٨	
LaGrange	59.2	41.6	v		1.2	٨	26.5	19.8	V	11.1	<u>12.7</u>	٨	
Noble	78.4	<u>58.5</u>	v	3.4	3.3	v	27.6	20.0	v	11.1	<u>12.8</u>	٨	
Wabash	69.0	<u>63.5</u>	v	3.4	<u>4.0</u>	٨	27.7	19.3	V	11.2	<u>12.3</u>	٨	
Whitley	60.3	<u>56.6</u>	v	1.7	<u>4.1</u>	٨	27.1	22.4	v	10.9	<u>11.9</u>	٨	
Indiana		<u>53.7</u>			<u>3.6</u>			<u>39.3</u>			<u>11.8</u>		

Source: Indiana State Department of Health and County Health Rankings and Roadmaps

Chronic kidney disease develops as kidney function declines significantly over time. The body's ability to filter wastes from blood becomes impaired and, if left untreated, can lead to kidney failure and death. In the early stages, kidney disease can be difficult to detect as physical symptoms are not present. Uncontrolled diabetes and high blood pressure are common causes of chronic kidney disease (*Chronic Kidney Disease Initiative* | *CDC*, n.d.). Table 29 shows that Huntington County had the highest age-adjusted death rate for kidney disease and the highest rate of chronic kidney disease among the Medicare population compared to the other seven counties.

Table 29. Chronic Kidney Disease Indicators and Trends by County

County		from kidney dis			idney disease p ⁄ledicare eligible p	
	2015-2017	2018-2020	Trend	2017	2019	Trend
Allen	21.8	16.2	v	23.8	<u>25.2</u>	٨
DeKalb	16.6	<u>18.4</u>	٨	12.7	13.3	٨
Huntington	27.6	<u>22.3</u>	v	31.5	<u>36.8</u>	٨
Kosciusko	13.1	<u>18.3</u>	٨	22.3	22.3	-
LaGrange				11.4	13.9	٨
Noble	23.4	15.3	v	24.5	<u>28.8</u>	٨
Wabash	16.3			24.8	19.3	v
Whitley	20.6	<u>18.6</u>	v	23.4	14.4	v
Indiana		<u>17.4</u>			<u>22.9</u>	

Source: CDC Underlying Cause of Death database 3-year averages and the CDC Chronic Kidney Disease Surveillance System

Cardiovascular disease affects the heart and blood vessels, potentially leading to heart attacks and strokes when blood is prevented from flowing to the heart or brain. Cardiovascular disease is estimated to be the leading cause of death worldwide. Table 30 shows that the percentage of adults experiencing a stroke from 2018 to 2019 was stable or improved in seven of eight counties in the Parkview Health service area. However, in five of eight counties, the rate of age-adjusted death from stroke increased from 2017 to 2020. Additionally, incidence of hospitalization due to stroke increased in seven counties during this time.

County		Adults w ienced a			t hs from s t sted rate pe population	er 100,000	Hospitalizations due to stroke Age-adjusted incidence rate per 10,000 population			
	2018	2019	Trend	2017	2020	Trend	2017	2019	Trend	
Allen	3.5	3.4	v	36.5	<u>42.8</u>	٨	26.5	<u>26.6</u>	٨	
DeKalb	3.5	<u>3.5</u>	—	45.6	<u>45.0</u>	v	29.6	23.0	v	
Huntington	3.6	<u>3.6</u>	_	42.6	<u>56.6</u>	٨	20.8	<u>29.2</u>	٨	
Kosciusko	3.5	3.4	v	38.3	34.4	v	21.6	22.1	٨	
LaGrange	3.9	<u>3.9</u>	_	34.8	<u>54.2</u>	٨	21.9	<u>24.5</u>	٨	
Noble	3.6	<u>3.6</u>	—	46.2	<u>46.1</u>	v	22.6	<u>25.9</u>	٨	
Wabash	4.1	<u>4.1</u>	_	45.5	<u>57.7</u>	٨	17.3	<u>26.6</u>	٨	
Whitley	3.5	<u>3.6</u>	٨	37.9	<u>45.5</u>	٨	24.5	<u>29.5</u>	٨	
Indiana		<u>3.4</u> *			<u>40.4</u>			<u>24.4</u>		

Table 30. Cardiovascular Disease (Stroke) Indicators and Trends by County

*This is average for the U.S., not Indiana. Source: CDC PLACES Data, CDC Underlying Cause of Death database

3-year averages, and the Indiana Department of Health

Coronary heart disease affects people of all races and genders, often emerges in mid-life, and may result from high cholesterol and blood pressure, adverse outcomes of diabetes, and/or a family history of heart disease (*Coronary Artery Disease* | CDC, 2021). Though the percentage of adults that experienced coronary heart disease improved from 2018 to 2019 in the Parkview Health service area, in all counties the percentage is higher than the Indiana state level (Table 31). Age-adjusted deaths due to coronary heart disease improved from 2017 to 2020 in six of eight counties; and age-adjusted deaths due to heart attack improved from 2017 to 2019 in six of seven counties (LaGrange County did not have available data). Only four of eight counties experienced a reduction in inpatient hospitalizations due to heart disease from 2017 to 2019.

Deaths due to Deaths due to Hospitalizations due to % Adults who experienced County coronary heart disease heart attack heart disease coronary heart disease Age-adjusted rate per 100,000 Age-adjusted rate per 100,000 Age-adjusted rate per 10,000 2018 2020 2019 2019 2017 2017 2017 2019 Trend Trend Trend Trend Allen 7.2 6.5 85.3 V 85.1 62.5 57.8 v 90.5 88.4 ۸ V DeKalb 7.5 6.9 74.3 56.3 86.4 V 119.4 97.1 V V 82.6 Λ Huntington 7.2 95.1 109.9 7.7 V 99.6 V 63.1 53.8 V 118.5 V Kosciusko 7.3 <u>6.8</u> 93.0 87.9 76.3 68.2 86.8 95.3 V V V ۸ LaGrange 8.0 7.6 92.7 81.2 V V 60.4 77.0 76.8 V . . Noble 7.0 96.1 91.2 7.6 V <u>118.8</u> 58.4 58.6 89.9 Λ Λ Λ Wabash 8.7 8.4 120.1 76.1 95.2 V 79.0 60.9 V V 118.1 ۸ Whitley 7.5 7.3 V 90.6 83.8 V 64.1 57.9 V 92.1 87.1 v Indiana 6.2* 95.8 62.5 93.0

Table 31. Cardiovascular Disease (Coronary Heart Disease) Indicators and Trends by County

*This is the average for the U.S., not Indiana. Source: CDC PLACES, CDC Underlying Cause of Death database 3-year averages, CDC National Environmental Public Health Tracking Network, and the Indiana Department of Health

Diabetes is a chronic disease in which blood glucose levels are elevated because the body does not produce enough insulin or does not use insulin effectively. Insulin is a hormone that is necessary for the maintenance of normal glucose levels. Chronically high blood sugar can lead to other more serious health complications such as heart disease and vision loss (*What is Diabetes?* | CDC, 2022b). In the United States, diabetes is the seventh leading cause of death and possibly underreported because one in five people who suffers from diabetes is undiagnosed (*Diabetes Quick Facts* | *Basics* | *Diabetes* | *CDC*, 2022). Table 32 shows that Wabash County had the highest age-adjusted death rate from diabetes, and Whitley County had the highest prevalence of diabetes in the Medicare population compared to the other seven Parkview counties.

County		etes pre v ts 20+ yea			n s from dia sted rate pe	
	2017	2020	Trend	2017	2020	Trend
Allen	10.3	<u>10.4</u>	٨	25.2	<u>40.3</u>	^
DeKalb	10.0	7.1	v	28.5	<u>31.7</u>	٨
Huntington	12.7	<u>14.1</u>	٨	25.8	<u>30.5</u>	۸
Kosciusko	10.4	<u>13.3</u>	٨	31.1	<u>42.8</u>	٨
LaGrange	11.2	10.3	v	38.5	26.3	v
Noble	11.8	11.3	v	33.2	<u>41.3</u>	٨
Wabash	13.9	<u>13.1</u>	v	33.5	<u>64.2</u>	۸
Whitley	10.6	<u>14.5</u>	٨	24.2	24.4	٨
Indiana		<u>11.9</u>			<u>29.6</u>	

Table 32. Diabetes Indicators and Trends by County

Source: County Health Rankings and Roadmaps and the Indiana State Department of Health

Substance Use and Abuse

Substance use and abuse involves illegal drug use, misuse of prescription drugs, alcohol abuse and tobacco use. The possible subsequent dependence on these substances can result in accidental death, unintentional injury, and other immediate and chronic health problems. Substance use disorders are preventable, and treatments are available. Huntington and Noble counties were above the Indiana state incidence rate for non-fatal drug overdose visits to the Emergency Department (Table 33). Allen, Kosciusko, and Wabash counties had increasing numbers of drug overdose deaths between 2017 and 2020. Allen, DeKalb, Kosciusko, and LaGrange counties were above the Indiana state percentage for adults reporting binge/heavy drinking, while Allen, Huntington, Noble, and Wabash counties were above the state percentage for driving deaths with alcohol involvement. Except for LaGrange County, all counties experienced increases in the percent of adults who smoke from 2017 to 2020.

Table 33. Substance Use/Abuse Indicators and Trends by County

County	ED visit non-fatal drug overdose* Incidence rate per 100,000		ose* e per	Drug overdose deaths Crude rate per 100,000			% Adults reporting binge/ heavy drinking			% Driving deaths with alcohol involvement			% Adults who are current smokers		
	2017	2020	Trend	2017	2020	Trend	2017	2020	Trend	2017	2020	Trend	2017	2020	Trend
Allen	214.8	178.8	v	15.5	22.5	٨	18.6	<u>17.8</u>	v	32.4	<u>35.3</u>	٨	17.8	19.8	٨
DeKalb	224.1	207.0	v	12.6	9.3	v	16.1	<u>18.4</u>	٨	22.2	17.6	v	18.8	19.8	٨
Huntington	333.0	<u>331.3</u>	v	17.3	14.7	v	16.6	17.6	٨	7.7	<u>22.2</u>	٨	18.0	18.8	٨
Kosciusko	214.0	183.7	v	7.2	18.1	٨	17.5	<u>17.8</u>	٨	31.0	19.4	v	18.3	19.0	٨
LaGrange	119.6	93.4	v	•		۰	16.8	<u>18.1</u>	٨	27.0	11.1	v	19.1	18.9	v
Noble	229.7	<u>226.2</u>	v		8.4		16.1	17.2	٨	12.5	<u>20.0</u>	٨	17.8	18.9	٨
Wabash	308.5	212.9	v	17.6	<u>26.5</u>	٨	15.7	17.6	٨	27.5	<u>33.3</u>	٨	17.0	18.6	٨
Whitley	216.3	156.0	v			•	17.9	16.6	v	25.0	17.2	v	16.2	18.5	٨
Indiana		<u>220.4</u>			<u>25.0</u>			<u>17.6</u>			<u>19.7</u>			<u>21.8</u>	

*On August 27, 2020, statistics for 2016-2018 were updated to reflect updated guidance from the CDC. Please be cautious when analyzing overdose data as the numbers have changed. Source: County Health Rankings and Roadmaps and the Indiana State Department of Health

Cancer

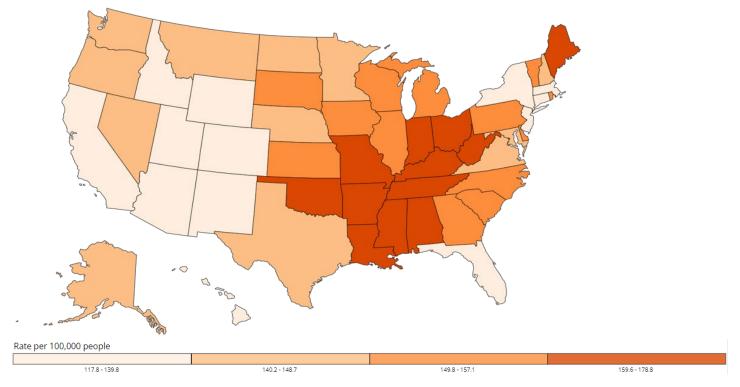
Collectively, cancer is the second leading cause of death in the United States. Table 34 presents the prevalence, incidence, and ageadjusted death rates of cancers by county. Kosciusko and Whitley counties had the highest age-adjusted incidence rate for breast cancer in 2018. Meanwhile, Allen and Wabash counties had the highest age-adjusted incidence rates for prostate cancer in 2018. For seven of eight counties, the age-adjusted incidence rate for lung and bronchus cancer increased from 2017 to 2018. In contrast, only two counties had increasing trends for colorectal cancer age-adjusted incidence rates.

Table 34. Cancer Indicators and Trends by County

County	Breast cancer Age-adjusted incidence rate per 100,000		Age-ad	olorectal cancer e-adjusted incidence rate per 100,000 Oral cavity and pharynx cancer Age-adjusted incidence rate per 100,000		Prostate cancer Age-adjusted incidence rate per 100,000		cidence	Lung and bronchus cancer Age-adjusted incidence rate per 100,000						
	2017	2018	Trend	2017	2018	Trend	2017	2018	Trend	2017	2018	Trend	2017	2018	Trend
Allen	119.7	122.8	٨	38.2	37.9	v	12.1	12.3	٨	94.8	<u>97.7</u>	۸	65.5	65.2	v
DeKalb	104.6	110.7	۸	52.2	<u>49.4</u>	v	10.2	11.4	۸	82.2	77.5	v	75.8	<u>82.0</u>	٨
Huntington	139.4	122.4	V	47.9	<u>49.7</u>	٨	9.1	8.4	V	75.9	66.8	V	63.8	66.1	٨
Kosciusko	133.7	<u>137.7</u>	۸	46.7	<u>45.5</u>	v	11.6	<u>13.1</u>	٨	86.6	94.8	۸	70.1	<u>72.0</u>	٨
LaGrange	115.7	117.8	٨	35.3	33.7	v	11.1	9.6	V	70.8	71.2	٨	50.8	62.7	٨
Noble	122.6	121.8	v	38.1	36.0	v	14.2	<u>13.9</u>	v	59.8	74.5	٨	77.9	<u>78.5</u>	٨
Wabash	115.4	122.3	٨	52.0	<u>51.1</u>	v	17.1	<u>16.1</u>	v	101.2	<u>112.6</u>	٨	59.8	62.6	٨
Whitley	123.8	<u>128.4</u>	۸	44.9	<u>45.1</u>	۸	7.0	6.8	v	59.7	66.1	۸	74.3	<u>79.7</u>	٨
Indiana		<u>124.5</u>			<u>41.7</u>			<u>12.8</u>			<u>96.5</u>			<u>69.9</u>	

Source: National Cancer Institute 5-year Averages

Figure 26. Rate of Cancer Deaths in the U.S., 2019



Source: Centers for Disease Control and Prevention

As shown in Figure 26, Indiana is one of the U.S. states with the highest death rate from all cancer types. Age-adjusted death rates were highest for lung cancer in 2019 across all counties. Age-adjusted death rates for breast cancer showed improvement in five of eight counties; though, three of these counties had death rates above the Indiana state rate (see Table 35). Colorectal cancer age-adjusted death rates improved in four of eight counties between 2018 and 2019; while age-adjusted death rates due to prostate cancer improved in three of six counties between 2017 and 2019.

County	Colorectal cancer Age-adjusted death rate per 100,000		Age-a	r east can djusted dea per 100,00	ath rate	Age-a	Lung cancer Age-adjusted death rate per 100,000		Prostate cancer Age-adjusted death rate per 100,000		ath rate	
	2018	2019	Trend	2017	2019	Trend	2017	2019	Trend	2017	2019	Trend
Allen	12.7	12.2	v	23.4	<u>21.7</u>	v	43.0	41.0	v	24.9	<u>25.2</u>	٨
DeKalb	15.5	13.2	v	16.6	14.4	v	54.9	<u>53.3</u>	v	•	17.0	
Huntington	12.7	14.4	٨	19.8	<u>21.3</u>	۸	46.3	<u>46.9</u>	٨	24.0	<u>24.9</u>	^
Kosciusko	15.8	<u>15.7</u>	v	24.5	<u>20.6</u>	v	48.2	44.5	v	16.1	12.7	v
LaGrange	12.5	14.3	٨	24.0	<u>22.4</u>	v	44.0	46.3	۸	24.4	<u>22.5</u>	v
Noble	15.4	14.5	v	20.1	<u>20.9</u>	۸	51.8	<u>52.3</u>	۸	27.1	<u>26.4</u>	v
Wabash	16.5	<u>21.4</u>	٨	15.1	15.3	۸	46.3	44.8	v	16.8	18.9	^
Whitley	13.6	<u>15.9</u>	٨	24.1	19.1	v	53.0	<u>52.2</u>	v	18.5		
Indiana		<u>14.9</u>			<u>20.4</u>			<u>46.7</u>			<u>19.4</u>	

 Table 35. Age-adjusted Death Rates for Cancer by County

Child Abuse and Neglect

Child abuse and neglect can have lasting effects on an individual's physical and mental health. Abuse and neglect include the following: physical abuse (physical harm such as hitting or kicking); sexual abuse (coercing or forcing a child to participate in sexual acts); emotional abuse (harm to a child's emotional well-being); and neglect (failure to meet a child's physical and emotional needs) (*Fast Facts*, 2022). As shown in Table 36, seven of eight counties showed improved trends for abuse and neglect rates and the percentage of children in need of services between 2017 and 2020. However, abuse and neglect incidence rates in DeKalb, Huntington and Wabash counties remained above rates for Indiana, with DeKalb having the highest rate at 26.2 per 1,000 children.

County		ise and neglect ce rate per 1,000		% Children in need of services Active cases			
	2017	2020	Trend	2017	2020	Trend	
Allen	12.9	10.0	V	20.0	<u>18.7</u>	v	
DeKalb	<u>32.5</u>	<u>26.2</u>	v	18.8	7.9	v	
Huntington	18.2	<u>19.3</u>	٨	11.8	14.6	٨	
Kosciusko	6.6	8.7	v	12.7	8.8	v	
LaGrange	10.7	8.5	V	9.0	7.1	v	
Noble	16.3	12.0	v	<u>24.9</u>	12.9	v	
Wabash	<u>27.9</u>	<u>21.7</u>	V	<u>32.4</u>	<u>24.8</u>	v	
Whitley	<u>25.3</u>	9.5	v	19.0	10.0	v	
Indiana	<u>23.1</u>	<u>17.2</u>	V	<u>22.4</u>	<u>16.6</u>	v	

Table 36. Child Abuse Indicators and Trends by County

Source: Indiana Youth Institute

Other Findings

To explore the extent to which specific demographic groups varied in perceived health concerns, additional figures were constructed to reflect health concerns by age, income, rural/urban environment, and minority group. Survey results for these other findings are presented in the 2022 CHNA Parkview Health Systemwide Report.

Conclusion

This Community Health Needs Assessment (CHNA), conducted at the request of Parkview Health, collected a comprehensive set of healthcare indicators and, community and provider survey data to establish the top 10 significant health needs in Huntington County. The Huntington County prioritization process identified Substance Use/Abuse and Child Abuse and Neglect in addition to the shared Mental Health priority. The findings in this report will be used to select interventions and implement programs to address Mental Health, Substance Use/Abuse, and Child Abuse and Neglect concerns and services.

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APPENDICES

Appendix A – Impact Report

Overview

The findings of the 2019 CHNA guided our decision to continue to focus on the following health priorities from 2020-2022:

- Mental health/substance use disorder
- Obesity

The strategic goal of the mental health/substance use initiatives supported by Parkview Huntington Hospital was to:

• Break the stigma of mental health in Huntington County by improving knowledge and/or behavior related to substance abuse and mental health in 100% of program participants

The strategic goal of the obesity initiatives supported by Parkview Huntington Hospital was to:

 Increase access to nutritious food and physical activity in Huntington County by improving knowledge and changing behavior related to nutrition and activity in 100% of program participants

Parkview Huntington Hospital funded between 10 and 12 external community partners annually over the last three years in addition to our internal wellness programming. Parkview Huntington Hospital invested approximately \$313,275 to local partners between 2020-2022. With that being said, the COVID-19 pandemic did impact some of the expected efforts from our partners, which resulted in transferring and/or holding over of funds.

Highlighted Program Accomplishments

Mental Health/Substance Use

The Parkview Boys & Girls Club of Huntington County currently runs evidence-based drug prevention and life skills programs for grades one through five (SMART Moves) and grades six through twelve (Botvin Life skills). Results are summarized in the following table:

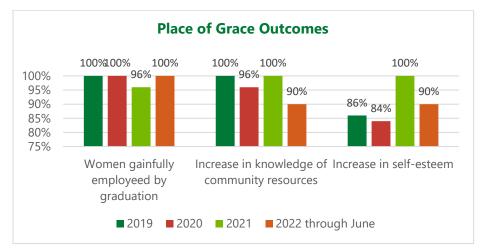
	2020	2021	2022 through June
SMART Moves participants	47	102	112
% Stated they did not do drugs in the last 30 days	95%	NA	NA
% Stated they increased knowledge of abstinence	93%	NA	NA
to prevent teen pregnancy			
% Who agreed or strongly agreed to:	NA	89%	95%
"Understanding who you are and standing up for			
what you believe, means that you have strong self-			
esteem."			

Botvin Life skill participants	NA	37	43
% That answered yes to, "Most days I am proud of	NA	89%	91%
the way I am living my life."			

The Boys and Girls Club also partnered with Place of Grace in 2020 and offered four parents the Guiding Good Choices program. All participants reported the program helped them better talk to their child(ren) about drugs and alcohol.

Community health funding provided to the Bowen Center supported the purchase of thirty Moral Reconation Therapy (MRT) workbooks for individuals seeking substance use treatment in the outpatient and jail setting. Funds also went towards helping three individuals continue their substance use treatment who were otherwise unable to pay due to financial hardships. Unfortunately, due to COVID-19, the Bowen Center was unable to fully utilize the funds intended for a substance use group service at the jail in 2020 and 2021. Leftover funds will be used in 2022.

Place of Grace is a transitional home that serves women reentering the community after incarceration. The following graph summarizes results from 2019-2022:



The Youth Services Bureau of Huntington County continues to educate the community on the importance of suicide prevention (numbers reached depicted below). One hundred percent of adults and seventh graders surveyed showed an increase in knowledge since 2020, an increase from 96% of adults in 2019. Seventh graders also demonstrated a 100% knowledge increase in 2019. COVID-19 significantly impacted the organization's ability to hold training sessions after March of 2020, but they continued to staff and provide youth with immediate crisis intervention as needed.

Suicide prevention program	2019	2020	2021	2022 through June
Adults	235	66	79	66
7 th graders	220	177	289	160

Parkview Huntington also supported the Co-Parenting for Successful Kids program designed to help families cope with divorce and child custody issues. Facilitated by Purdue Extension, eight participants benefitted from this program in 2019. We saw a decline to seven participants in both 2020 and 2021, and unfortunately the Co-Parenting for Successful Kids program could not be offered in the latter half

of 2021. The partner that created this curriculum is no longer affiliated with Purdue Extension and therefore the program could not be continued. Program outcomes are summarized below.

Knowledge increase in:	2019	2020	2021
How children are affected by divorce	43%	43%	100%
What I can do to help my child(ren) adjust to divorce	54%	57%	100%
How to use "I" messages	60%	29%	100%
How to keep my child(ren) "out of the middle" of conflict	44%	29%	100%
Intended behavior change:			
Intend to help their child adjust to divorce based on their	84%	86%	100%
ages and stages			
Use "I" messages more frequently	74%	86%	100%
Stop criticizing the other parent in front of their child(ren)	78%	86%	100%
Use strategies learned in class to keep their child(ren) "out	92%	86%	100%
of the middle" conflict			
Develop and follow a child-focused co-parenting plan	80%	86%	100%
Stop asking their child(ren)to relay messages to the other	71%	86%	100%
parent			
Search for positives in their child(ren)'s another parent to	73%	86%	85%
point out to child			

Sober Fest, a one-day event celebrating recovery in the Huntington community, was not held in 2020 or 2021 due to the pandemic. Instead, funds were used to hold a vigil in honor of National Overdose Day on August 31, 2021. Over 120 persons attended to honor loved ones lost to overdose, hear from persons impacted by overdose, and receive information from local substance abuse providers. Local recovery resource information was also provided to all attendees.

McMillen Health Center held 40 preventive health education sessions in 2019. These sessions, which focused on drug use and abuse prevention, served 1,274 students in kindergarten through third grade locally. Students demonstrated an increase in knowledge as a result of this program. The increase overall was less than their target goal of 35%, but the pre and post test questions for this age range were designed to reinforce what youth already knew while introducing only one or two pieces of new information. One of the several positive comments from Huntington County teachers concerning the program was, "The entire program was outstanding! It is hard to keep kindergarten students engaged during presentations, but this presenter did a fabulous job! These students were actively engaged for the entire program!"

In 2020, McMillen Health Center led 26 health education sessions focused on both drug prevention and social/emotional health. Students from kindergarten through twelfth grade attended and 1,082 total students attended one of these sessions. Knowledge increase goals for all topics were set at 35%. Regarding tobacco and vaping the increase was nearly 144% which is thought to indicate students began with no knowledge of the information that was presented; similar to a 116% increase relating to social and emotional health. There was a 60% increase in knowledge on drugs and alcohol. McMillen was not funded in 2021 due to budget constraints but are once again a 2022 community partner. So

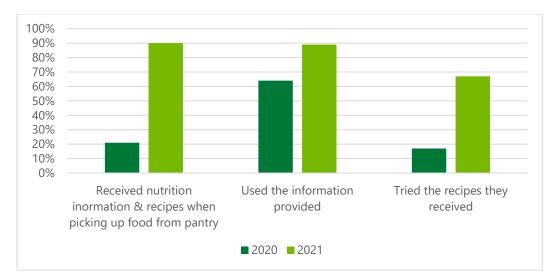
far, two sessions on social/emotional health have taken place in 2022 reaching a total of 66 students. Mid-term knowledge increase was measured at almost 63% compared to their goal of 35%.

Obesity

All ages have benefited from the Purdue Extension community garden. Over 35% of the garden's visitors throughout 2020 and 2021 indicated they consume more fruit and vegetables because of the garden. Fifty-eight of 140 visits to the garden last year were first time visitors. Volunteers logged more than 125 hours of community service in 2021 at the garden, including 21 hours completed by youth. In 2019, the garden was moved to a new location which is closer to a population living in a food desert after a local supermarket across the street closed its doors. The transition yielded less produce than in the past but has allowed for more educational opportunities and the raised beds have granted more accessibility. The garden provides a space for healthy outdoor family friendly activities one to two times per month during the growing and harvesting season. Educational topics covered this year include composting and container gardening.

Parkview Huntington also supported the Living Towers Garden program, which provided three hydroponic gardens to a local elementary school and, in 2019, a local preschool. Produce from these gardens were used to make over 200 salads for local fifth graders in 2019. In 2020, the garden was moved from Flint Springs Elementary to the Purdue Extension office due to the pandemic. Produce grown at this new site was used to supplement the Community Garden and Love, INC. food pantry through fall 2020. After moving back to the elementary school, 60 students and 40 adult volunteers enjoyed salads made using produce from this program. The preschool garden grew enough produce to provide salads to 74 children in 2020.

Monthly supported cooking classes historically reaching an average of 15 individuals at Love, INC. food pantry were postponed in 2020 and 2021 due to COVID-19 restrictions and the food pantry's renovation. Instead, Huntington North High School's pre-employment transition class utilized Love's kitchen to host weekly classes that included cooking and nutrition. Four to 10 students participated, and all reported trying new fruits and vegetables. Love, INC. continued to provide supplemental nutrition information and recipes to those that utilize the food pantry in lieu of in-person cooking classes. Clients provided the following survey results below. Five in-person classes twice a month were conducted in 2022 so far that are limited to 8 participants for social distancing. The class topics included substitutions to cut down on fat, sugar, carbs, and sodium; meal planning, healthy/unhealthy fats, whole grains, and fiber/hydration.



Love, INC. also provides year-round produce to vulnerable individuals. Over the last three years, we saw monthly averages of: 1,069 individuals served in 2019, 1,642 individuals in 2020, and 1,308 individuals in 2021. Another local organization supported by Parkview Huntington, Warren's Bread of Life Pantry, served 744 individuals monthly in 2020-2021. In both 2020 and 2021, 744 individuals benefited monthly through Warren's Bread of Life pantry which was 300 more than in 2019.

Cooking classes at the Bowen Center did not take place in 2020 or 2021 per COVID-19 and funds were held in hopes of resuming in 2022. Multiple attempts were made to resume classes virtually but were not successful during the pandemic. One session was held this spring with eight participants, and another is planned for this fall. The post class survey indicated an increase in nutrition and food safety knowledge.

"Simple and Healthy" cooking classes provided to the community in partnership with Purdue Extension are making quite an impact on programs participants. One participant was quoted, "I will be looking much more deeply into what I put into my body so I can get out of it what I need to get." Another stated, "I will show my children how to make a quick, simple, and healthy meal." Results from the classes are shown below:

	2019	2020	2021	2022 (Through June)
Number of classes	33	16	18	3
Participants	193	102	155	97
Reported trying or making a new healthy recipe	100%	100%	NA	NA
Able to identify all food safety rules presented	75%	90%	NA	NA
Understand how their food choices affect their health because of the program	NA	NA	80%	92%
Plan to follow safe food handling practices	NA	NA	96%	100%
Intend to make a change to improve their overall health	NA	NA	93%	95%

Also, in partnership with Purdue Extension, the Dining with Diabetes program was offered to the community twice in 2020 and once in 2021. Each series consists of four classes, and we saw between three and five participants at each class. One hundred percent of attendees increased their knowledge of the relationship between nutrition and health based on pre and post testing. Dining with Diabetes was unable to be facilitated the first half of 2020, that November, and the last half of 2021 due to scheduling conflicts and COVID-19 restrictions. The program had a resurgence in 2022 with 47 attending; results will be available at year-end.

Another Purdue Extension Program, *Be Heart Smart*, was unable to be offered during the first half of 2020. One session was held in October reaching seven participants who were able to identify controllable risk factors for heart disease and identify dietary recommendations for eating and preparing more heart-healthy meals after finishing the program. Funding for 2021 was transferred to the Dining with Diabetes and Simple and Healthy programs.

Due to COVID-19 and a Purdue Extension hiring freeze, the nutrition and wellness lessons intended for every fourth grader in the county did not happen in 2020 and 2021. The program was not funded in 2022. In the last half of 2019, five classes reached 107 students. Knowledge goals were met with regards to sodium and fat, but not food groups and recommended amount of daily exercise.

Blessings in a Backpack fed, on average, 376 elementary students weekly throughout 2020, 391 students throughout 2021, and 387 so far in 2022 (compared to 20 children in 2011 and 317 during 2019). Surveys in 2022 indicated that 48% of teachers felt the food provided helped children improve in the classroom, and 95% of teachers felt the program improved the quality of life for the students. During the pandemic's lockdown, food was delivered by the county school corporation's bus drivers to students' homes. They implemented additional measures for infection prevention including tote disinfection at each packing, social distancing, and volunteer sign-in with phone numbers in the event contact tracing was required.

Parkview Huntington also supported the program Access to Wellness through the YMCA. This program focused on increasing physical activity for adults from group homes, transitional housing, and a mental health facility. We have seen incredible growth from one group home in 2017 having three participants complete the 12-week fitness program to up to 450 individual visits in June 2020. COVID-19 also affected this program greatly as the facility was closed in April. We did not fund this program in 2021 but started again in 2022 with 33 members making a total of 152 visits the first half of the year.

A smaller community in the county was unable to offer a summer Cooking/Fitness Camp intended for grades kindergarten through six due to COVID-19. Instead funds were used to provide five memberships to their fitness facility; one member utilized their membership 315 times throughout the year!

Afterschool and summer supported programming (POWER Club and Boost Camp) are focused on improving the health of school aged children that may not be interested in traditional afterschool/summer sports and activities incorporating physical activity, mental health, and nutrition education. In 2019, an average of ten students attended Power Club twice weekly throughout the

school year for approximately an hour of homework help and 45 minutes of nutrition/wellness education and/or activity. Of those students who responded to Purdue Extension surveys, 100% reported trying or making a new healthy recipe, and 78% were able to identify food safety rules. Power Club funds were shifted to the YMCA emergency childcare program due to COVID-19 in 2020. Power Club has continued within the youth membership program since 2021. Boost Camp had 26 participants in 2020 (up from eight in 2019) that attended an hour per day learning about fitness, nutrition, and drug/alcohol abuse three days per week for nine weeks. The average post test result was 82% compared to 53% in 2019. The program has not been funded since 2021. A new healthy afterschool program is being developed for fall of 2022.

Parkview Huntington Family YMCA youth membership program provided YMCA access to 86 students or 7% of Huntington County youth in grades six through eight (an additional 36% students already had memberships) in 2020. Those that were awarded membership checked in 351 times. The YMCA had hoped 10% of this age group would participate in a YMCA after-school program and this was exceeded with 26% doing so. Parkview Huntington Family YMCA youth memberships in 2021 were provided to 98 or 8.2% of Huntington County youth in grades six through eight (an additional 50.2% students already had memberships). More than 82% of those that were awarded memberships checked in on average two days per week for a total of 1,517 visits to the YMCA during 2021. The YMCA had hoped again that 10% of this age group would participate in a YMCA after-school program and this was exceeded with about 25% doing so. Ninety students obtained a membership at no charge in 2022. So far participation in after-school programing this year is exceeding the 10% goal with 26% doing so.

The third-grade swimming program unfortunately has not happened since spring of 2019 due to COVID-19, and funds were shifted to YMCA emergency childcare. There are discussions on how to bring this important opportunity back to the community.

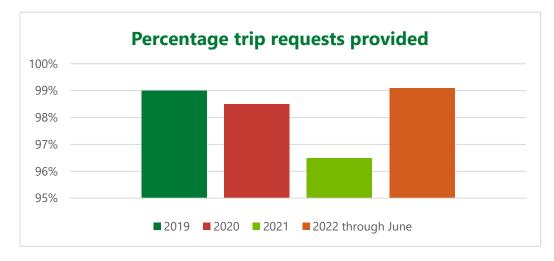
The first Winter Forest Camp was held the first full week of January 2020 and had 19 attendees. They hiked, climbed, and sawed thick fallen tree trunks to help build a large shelter. Unfortunately, the Forest School was unable to continue during the pandemic and could not be funded with a decreased budget.

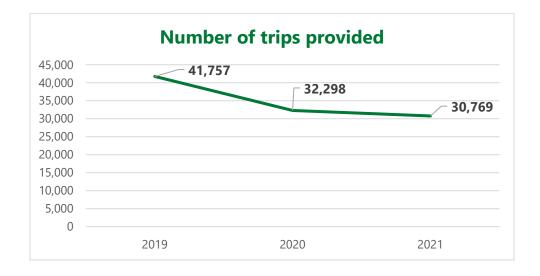
Parkview Boys & Girls Club of Huntington County had 116 kids in June (compared to 36 club members last year) participate in the summer cooking club between the Huntington and Warren sites in which they learned to make healthy snacks and dinners five days a week. Participants included children from kindergarten through fifth grade. The SMART Girls and G2M male programs, which focused on healthy meals and snacks, reached grade levels six through twelve for two hours per week for eight weeks. One hundred and fifty-eight members (about 70% of the average number of daily club members) participated in 60 minutes of activity three days per week in 2021. So far in 2022, 381 youth were active at least 120 minutes per week and 176 have chosen to participate in outdoor play for an hour per day. Thirty-two girls in 2021 (up from 20 girls in 2020) participated in dance club which meets for an hour a day three days per week; 25 so far in 2022 have joined in the fun form of exercise.

McMillen Health Center provided 14 preventive health education sessions on obesity and nutrition for 416 students in kindergarten through twelfth grade in 2020. Knowledge increase was determined to

be 38%, exceeding the goal that was set at 35%. They were not funded in 2021 due to budgetary constraints, but are once again a 2022 community partner. Four sessions have taken place in 2022, reaching 133 students.

Huntington Area Transportation (HAT) works to provide clients with safe, affordable, on-time transportation to and from their desired destinations, including trips for food, physical activity, and mental health services. The pandemic continues to affect the program. Many people are still going out into public less frequently. It has also been more difficult to recruit drivers. They have remained open throughout the pandemic.





Pathfinder Services Kid's Kampus offered in-person health coaching consultations focused on promoting healthy lifestyles and reducing risk related to obesity and addiction. In 2019, they saw an increase in health coaching consultations of 5% within the year. Unfortunately, COVID-19 put a stop to in-person consultations, and a decrease in funding resulted in the programs not being financed in 2021 and 2022.

"Walk Away" at Huntington High School was designed for those wanting to "walk away" from anxiety, depression, extra weight, school, and home drama. Participants were able to meet five times in 2020 prior to the pandemic and 15 times during the fall semester. Three students attended faithfully, and each had an adult mentor from Purdue Extension who they walked with. In 2021, the program was extended to one of the middle schools. Participants met every week that school was in session during 2021. Three students attended faithfully and an additional three came on a semi-regular basis. As a result of a referral made to a school counselor based on information shared during a walking session, one of the students was able to connect with counseling services through the Bowen Center and restart medication they had previously stopped taking. The program hopes to continue to grow for the 2022-2023 school year.

COVID-19 put a halt to internal Parkview Huntington Hospital programs and community outreach in efforts to support inpatient demands and promote social distancing. Our previous bi-annual community health fair that reached 425 attendees in the fall of 2019 was restructured to allow for social distancing. We partnered with the Parkview Center for Healthy Living to continue to provide lab services in the fall of 2020 and added blood pressure checks to the events in 2021 and 2022. Parkview Huntington Hospital's diabetes support group, senior exercise class, and chronic pain support group had also addressed key elements to tack the obesity epidemic but have not been held since the shutdown.

In spring 2022, we participated in our first community event since the pandemic began - Healthy Kid's Day at the local YMCA. That morning we reached 80 children promoting physical activity, decreasing added sugar, and managing stress.

Conclusion

Based on the accomplishments and results of the current Implementation plan, Parkview Huntington Hospital will continue to best address these issues through external and internal resources as we adapt to our "new normal" with the continued goal of improving community health. The above along with the 2022 CHNA priority determination process will help mold future implementation strategies.

Appendix B - Community and Provider Surveys

Invitation to take the Parkview Community Health Needs Survey

Dear Community Member,

We need your help! We all know the importance of a strong community and strong community services. Parkview Health is working to identify community health needs so we can provide better services.

Your Answers Count! Your responses are completely confidential. We do not ask for your name anywhere on the survey. You must be 18 years of age or older to take this survey. The questions will take only about 5-10 minutes of your time.

If you have any questions or need any help with the survey, please call U.S. at 260-266-7765.



You can also take the survey online: https://www.research.net/r/CHNA6E or

Thank you for helping U.S. build a stronger community!

Sincerely,

Spichti L'alquinta, MD

Sarah GiaQuinta, MD, MPH Vice President of Community Health Parkview Health

Parkview Community Health Needs Survey

These questions should only take about 5 - 10 minutes to complete. Your answers are confidential and will only be reported in combination with the answers of others. Your participation is voluntary; you may stop answering at any time, or skip questions you do not wish to answer.

1. In which county do you live?

□ Adams □ Allen □ DeKalb □ Huntington □ Kosciusko □ LaGrange □ Noble

 \Box Wabash \Box Wells \Box Whitley

- 2. What is the zip code of your residence? _____
- 3. How many adults (18 years or older) live in your household, INCLUDING YOURSELF? _____
 - INCLUDE all adults who are living or staying here for more than 2 months
 - DO NOT INCLUDE anyone who is living somewhere else for more than 2 months, such as a college student living away or someone in the Armed Forces on deployment
- 4. How many children younger than 18 years of age live in your household? _____

5. How would you describe your gender? (select only one)

□ Male □ Other_____

□ Female □ Prefer not to answer

□ Transgender

- 6. In what year were you born? _____
- 7. Are you of Hispanic or Latino origin?

□ Yes □ No □ Prefer not to answer

8. Do you identify as Amish?

 \Box Yes \Box No \Box Prefer not to answer

9. How would you describe your race? (select all that apply)

- □ White □ Asian
- □ Black or African-American □ Native Hawaiian or Pacific Islander
- □ American Indian or Alaska Native □ Prefer not to answer
- □ Other:_____

10. Below are some health issues present in many communities. Please pick FIVE that you think pose the greatest concern for people who live in your community. (select only five)

- □ Tobacco/vaping use
- □ Substance use or abuse
- □ Alcohol use or abuse
- □ Assault and violent crime (including domestic violence)
- □ Child abuse or neglect
- □ Sexual violence (including assault, rape or human trafficking)
- □ Obesity (health problems due to being overweight or obese)
- □ Chronic disease (diabetes, cancer, heart disease, etc.)
- □ Suicide
- □ Infectious disease (HIV, syphilis, hepatitis, COVID-19, or other infections)
- □ Reproductive health (birth control, women's and men's reproductive health issues)
- Infant death
- □ Injuries (car accidents, falls, workplace injuries)
- Mental health
- □ Aging and older adult needs
- Dental Care
- Disability needs

11. Below is a list of programs or services that exist in many communities. Thinking about the biggest needs in your community, please rank the importance of each with 5 being the most important and 1 being the least important.

Category	1 Least Important	2	3	4	5 Most Important
Access to Food (such as food pantries, farmers markets, food stamps)					
Assistance with finding housing					
Financial assistance					
Legal assistance					
Assistance with getting health insurance					
Job training or assistance with finding a job					
Assistance with transportation					
Free or emergency childcare					
Nutrition education programs like healthy cooking classes					
Substance abuse services (prevention or treatment)					
Needle exchange programs					
Mental health counseling and support programs					
Gun safety education programs					
Access to birth control					
Walking trails, bike trails, and other outdoor recreation spaces					
Quick access primary care (like clinics in a local drug store or grocery store)					
Aging and older adult programs					
Assistance with filling a prescription					

12. Considering all sources, which of the following best describes your total household income before taxes for 2020? (select only one)

- □ Less than \$15,000 □ \$75,000 \$99,999
- □ \$15,000 \$24,999 □ \$100,000 \$149,999
- □ \$25,000 \$34,999 □ \$150,000 or More
- □ \$35,000 \$49,999 □ Prefer not to answer
- □ \$50,000 \$74,999

Invitación a participar en la encuesta sobre las necesidades de salud de la comunidad de Parkview Health

Estimado miembro de la comunidad:

¡Necesitamos su ayuda! Todos conocemos la importancia de una comunidad fuerte y de servicios comunitarios sólidos. Parkview Health está trabajando para identificar las necesidades de salud de la comunidad para poder ofrecer mejores servicios.

¡Sus respuestas son importantes! Sus respuestas son completamente confidenciales. No le pedimos su nombre en ninguna parte de la encuesta. Debe tener 18 años o más para participar en esta encuesta. Las preguntas le tomarán solo entre 5 y 10 minutos de su tiempo.

Si tiene alguna pregunta o necesita ayuda con la encuesta, llámenos al 260-266-7765.

También puede participar en la encuesta en línea:



https://es.research.net/r/CHNA7S o

¡Gracias por ayudarnos a construir una comunidad más fuerte!

Cordialmente,

Sarahli Giatinta, MD

Sarah GiaQuinta, MD, MPH Vicepresidente de Communidad Salud Parkview Health

Encuesta sobre las necesidades de salud de la comunidad de Parkview Health

Debería llevarle solo entre 5 y 10 minutos responder esta encuesta. Sus respuestas son confidenciales y solo se informarán en combinación con las respuestas de otras personas. Su participación es voluntaria; puede dejar de responder en cualquier momento u omitir las

preguntas que no desee contestar.

1.	En qué condad	o vive?									
	🗆 Adams	🗆 Allen	🗆 DeKalb	Huntington	🗆 Kosciusko	🗆 LaGrange	□ Noble				
	🗆 Wabash	□ Wells	□ Whitley								
2.	2. Cuál es el código postal de su residencia?										
	¿Cuántos adultos (mayores de 18 años) viven en su hogar, INCLUYÉNDOSE A										

USTED MISMO?

- INCLUYA a todos los adultos que vivan o estén viviendo aquí por más de 2 meses
- NO INCLUYA a nadie que haya vivido en otro lugar por más de 2 meses, como un estudiante universitario que viva fuera o alguien de las fuerzas armadas en misión

3. Cuántos menores de 18 años viven en su hogar?

- 4. Cómo describiría su género? (seleccione solo uno)
 □ Hombre □ Otro
 - □ Mujer □ Prefiero no contestar
 - □ Transgénero
- 5. En qué año nació? _____
- Es U.S.ted de origen hispano o latino?
 ☐ Sí □ No □ Prefiero no contestar

7. Se identifica como Amish?

□ Sí □ No □ Prefiero no contestar

8. ¿ómo describiría su raza? (seleccione todo lo que corresponda)

- □ Blanco
- □ Negro o afroamericano
- □ Indio americano o nativo de Alaska □ Prefiero no contestar
- □ Otros: _____
- □ Asiático
- □ Nativo de Hawái o de las islas del Pacífico
- 9. A continuación se presentan algunos problemas de salud presentes en muchas comunidades. Por favor, elija CINCO que en su opinión sean los que más les preocupan a las personas que viven en su comunidad. (seleccione solo cinco)
 - □ Consumo de tabaco/vapeo
 - Uso o abuso de sustancias
 - □ Uso o abuso del alcohol
 - □ Agresión y delitos violentos (incluida la violencia doméstica)
 - □ Abuso o negligencia infantil
 - Violencia sexual (incluido el abuso, la violación o la trata de seres humanos)
 - □ Obesidad (problemas de salud debidos al sobrepeso o la obesidad)
 - □ Enfermedades crónicas (diabetes, cáncer, enfermedades del corazón, etc.)
 - □ Suicidio
 - □ Enfermedades infecciosas (VIH, sífilis, hepatitis, COVID-19 u otras infecciones)
 - □ Salud reproductiva (anticonceptivos, cuestiones de salud reproductiva de mujeres y hombres)
 - Muerte infantil
 - □ Lesiones (accidentes de tráfico, caídas, lesiones en el lugar de trabajo)
 - □ Salud mental
 - □ Envejecimiento y necesidades de los adultos mayores
 - Atención odontológica
 - Necesidades de las personas con discapacidades

10. A continuación se presenta una lista de programas o servicios que existen en muchas comunidades. Pensando en las mayores necesidades de su comunidad, clasifique la importancia de cada una de ellas, siendo 5 la más importante y 1 la menos importante.

Categoría	1 Menos importante	2	3	4	5 Más importante
Acceso a alimentos (como las despensas, los mercados de agricultores, los cupones de alimentos)					
Asistencia en la búsqueda de vivienda					
Asistencia financiera					
Asistencia jurídica					
Asistencia para conseguir un seguro médico					
Capacitación laboral o ayuda para encontrar un trabajo					
Asistencia para el transporte					
Cuidado de niños/as gratuito o de emergencia					
Programas de educación nutricional como clases de cocina saludable					
Servicios de abuso de sustancias (prevención o tratamiento)					
Programas de intercambio de jeringas					
Programas de terapia y apoyo en materia de salud mental					
Programas de educación sobre la seguridad de las armas					
Acceso a anticonceptivos					
Rutas de senderismo, carriles para bicicletas y otros espacios recreativos al aire libre					
Acceso rápido a la atención primaria (como clínicas en una farmacia o un supermercado local)					
Programas para adultos mayores y envejecimiento					
Asistencia para surtir una receta					

- 11. Teniendo en cuenta todas las fuentes, ¿cuál de las siguientes opciones describe mejor los ingresos totales de su hogar antes de impuestos para 2020? (seleccione solo uno)
 - □ Menos de \$15,000 □ \$75,000 \$99,999 □ \$15,000 - \$24,999 □ \$100,000 - \$149,999 □ \$25,000 - \$34,999 □ \$150,000 o más □ \$35,000 - \$49,999 □ Prefiero no contestar □ \$50,000 - \$74,999

ရပ်ရွာကျန်းမာရေး လိုအပ်ချက်များ Parkview's စစ်တမ်းတွင် ပါဝင်ရန် ဖိတ်ကြားခြင်း။ ချစ်ခင်လေးစားရပါသော ရပ်ရွာအတွင်း နေထိုင်သူများခင်ဗျာ၊

ကျွန်ုပ်တို့မှ သင်တို့အကူအညီလိုအပ်နေပါသည်။ ခိုင်မာကောင်းမွန်သည့် ရပ်ရွာ နှင့် ခိုင်မာကောင်းမွန်သည့် ရပ်ရွာဝန်ဆောင်မှုများ၏ အရေးပါပုံကို ကျွန်ုပ်တို့အားလုံး သိရှိထားပြီးဖြစ်ပါသည်။ Parkview ကျန်းမာရေးမှ ရပ်ရွာကျန်းမာရေးဆိုင်ရာများအတွက် လိုအပ်သည်များကို စိစစ်သတ်မှတ်နိုင်ရန် လုပ်ဆောင်လျက်ရှိနေပြီး သို့မှသာ ပိုမိုကောင်းမွန်သည့် ဝန်ဆောင်မှုများကို ပေးအပ်နိုင်မည် ဖြစ်ပါသည်။

သင်၏ထည့်သွင်းမှုသည် အထောက်အကူဖြစ်စေပါသည်။ သင့်အဖြေများကို 100% လျှို့ဝှက်ထားပါမည်။ ဤစစ်တမ်းတွင် သင့်အမည်ကို မည်သည့်နေရာတွင်မှ ပေးဆောင်ရန် မလိုအပ်ပါ။ စစ်တမ်းဖြေဆိုရန် သင်သည် အသက် 18 နှစ်နှင့်အထက် ဖြစ်ရမည်။ ဤမေးခွန်းများကိုဖြေဆိုရန် 5-10 မိနစ်ခန့် လိုအပ်ပါသည်။

သင့်တွင် မေးခွန်းများ သို့မဟုတ် ဤစစ်တမ်းအတွက် အကူအညီ လိုအပ်ပါက ကျွန်ုပ်တို့ထံ ကျေးဇူးပြု၍ ဖုန်းခေါ်ဆိုပါ 260-266-7765

မြန်မာဘာသာစကားဖြင့် စစ်တမ်းကောက်ယူပြီးစီးရန် ကျေးဇူးပြု၍ ဒီကိုသွားပါ



မေးမှာ https://www.research.net/r/CHNA10B သို့မဟုတ်

ပို၍ ခိုင်မာကောင်းမွန်သည့် ရပ်ရွာတည်ဆောက်ရာတွင် ပါဝင်ကူညီပေးသည့်အတွက် ကျေးဇူးအထူးတင်ရှိပါသည်။

bucht. Grathingta MD

Sarah GiaQuinta, MD, MPH Senior Vice President of Community Health & Equity Parkview Health Parkview ရပ်ရွာကျန်းမာရေးလိုအပ်ချက်စစ်တမ်း

ဤမေးခွန်းအားလုံးကို ဖြေရန် 5-10 မိနစ်ခန့် ကြာပါမည်။ သင့်အဖြေများကို တင်းကြပ်စွာလျှို့ဝှက်ထားမည်ဖြစ်ပြီး အခြားသူများ၏အဖြေများနှင့်အတူသာ တင်သွင်းမည်ဖြစ်သည်။ သင်၏ပါဝင်မှုသည် ဆန္ဒအလျောက်ဖြစ်သည်။ မေးခွန်းများကို အချိန်မရွေးဖြေဆိုခြင်းကို ရပ်နိုင်သည် သို့မဟုတ် သင်မဖြေလိုသောမေးခွန်းများကို ကျော်သွားနိုင်သည်။

1. မည်သည့် ကောင်တီတွင် သင်နေထိုင်ပါသလဲ။

□ Adams □ Allen □ DeKalb □ Huntington □ Kosciusko □ LaGrange □ Noble □ Wabash □ Wells □ Whitley

- 2. သင်နေထိုင်သည့်နေရာ၏ စာပို့သင်္ကေတ ကုဒ်မှာ မည်သို့နည်း။_____
- 3. သင့်အိမ်တွင် သင်အပါအဝင်၊ အသက်ရွယ်ပြည့်ပြီးသူ (အသက် ၁၈နှစ်နှင့်အထက်) မည်မျှ နေထိုင်ကြပါသလဲ။
 - ၎င်းအသက်ရွယ်ပြည့်ပြီးသူများထဲတွင် ဤနေရာ၌ နေထိုင်လာခဲ့သည်မှာ ၂ လအထက်ရှိသူများကို
 ထည့်သွင်းပါ။
 - ၎င်းသူများထဲတွင် အဝေးရောက် ကော်လိပ်ကျောင်းသား သို့မဟုတ် စစ်တပ်တွင် တာဝန်ထမ်းဆောင်နေသူကဲ့သို့သော အခြားနေရာတွင် နေထိုင်သည်မှာ ၂ လထက်ပိုနေသူများကို မထည့်သွ
- 4. သင်၏ အိမ်တွင် အသက် ၁၈ နှစ်မပြည့်သေးသည့် ကလေးမည်မျှ နေထိုင်ကြပါသလဲ။_____
- 5. သင်၏ လိင်ကို ဘယ်လိုဖော်ပြလိုပါသလဲ။ (တစ်ခုသာ ရွေးချယ်ပါ)

🗆 အထီး 🛛 အခြား_______)ကျေးဇူးပြု၍ မှတ်ချက်တစ်ခုထည့်ပါ။ (🗆 အမျိုးသမီး 🔲 မဖြေဆိုလိုပါ 🗆 လိင်ပြောင်းသူ

6. မည်သည့်ခုနှစ်တွင် သင့်ကိုမွေးဖွားခဲ့ပါသလဲ။ _____

- 7. သင်သည် ဟစ်စပန်းနစ် သို့မဟုတ် နဂိုမူလ လာတီနို ဖြစ်ပါသလား။ 🛛 ဟုတ်တယ် 🗆 မှား 🗆 မဖြေဆိုလိုပါ
- 8. သင့်ကိုယ်သင် Amish အဖြစ် သတ်မှတ်ပါသလား။ 🗆 ဟုတ်တယ် 🗖 မရှိ 🗖 မဖြေဆိုလိုပါ
- 9. သင်၏ လူမျိုးအကြောင်း ဘယ်လို ဖော်ပြမှာလဲ။ (ဖြစ်နိုင်သည်များအားလုံးကို ရွေးချယ်ပါ) 🗆 လူဖြူ 🛛 လူမည်း သို့မဟုတ် အာဖရိကန် အမေရိကန် 🗆 အမေရိကန် အိန္ဒိယန် သို့မဟုတ် အလက်စကာတွင် မူလနေထိုင်သူ 🗆 အာရှသား 🛛 ဟာဝိုင်ရီတွင် မူလနေထိုင်သူ သို့မဟုတ် ပစိဖိတ်ကျွန်းသား 🗆 မဖြေဆိုလိုပါ 🛛 အခြား ______) ကျေးဇူးပြု၍ မှတ်ချက်တစ်ခုထည့်ပါ။

10. အောက်တွင် ဖော်ပြထားသည့် ကျန်းမာရေးဆိုင်ရာများသည် ရပ်ရွာအများစုတွင် ရှိနေသည့် အရာများဖြစ်သည်။ သင်၏ ရပ်ရွာတွင် နေထိုင်သည့်လူအများထဲ အဖြစ်အများဆုံးဟု ယူဆရသည့် အရာ ငါးခုကို ကျေးဇူးပြု၍ ရွေးချယ်ပါ။ (ငါးခုသာ ရွေးချယ်ရန်) 🗖 ဆေးရွက်ကြီး/vaping အသုံးပြုခြင်း 🛛 တရားမဝင် မူးယစ်ဆေးဝါး သုံးစွဲမူ သို့မဟုတ် အလွဲသုံးစားမှု

- 🛛 အရက်သေစာသောက်စားခြင်း သို့မဟုတ် အလွဲသုံးစားလုပ်ခြင်း။
- 🛛 ထိမှန်ခြင်းနှင့် အကြမ်းဖက်ရာဇဝတ်မှုများ (အိမ်တွင်းအကြမ်းဖက်မှု အပါအဝင်)၊

- 🛛 ကလေးအား မတရားပြုကျင့်ခြင်း သို့မဟုတ် လျစ်လျူရှုခြင်း
- လိင်ပိုင်းအကြမ်းဖက်ခြင်း (လိင်ပိုင်းဆိုင်ရာ တိုက်ခိုက်ခြင်း၊ အဓမ္မပြုကျင့်ခြင်း သို့မဟုတ် လူကုန်ကူးခြင်း)
- အဝလွန်ခြင်း (ကိုယ်အလေးချိန်များလွန်းခြင်း သို့မဟုတ် အဝလွန်ခြင်းကြောင့်
 ကျန်းမာရေးပြဿနာများ)
- 🛛 နာတာရှည်ရောဂါများ (ဆီးချို၊ ကင်ဆာ၊ နှလုံးရောဂါ စသည်)
- 🛛 ကိုယ့်ကိုယ်ကိုသတ်သေ
- ကူးစက်ရောဂါ (HIV၊ ဆစ်ဖလစ်၊ အသည်းရောင်ရောဂါ၊ COVID-19၊ သို့မဟုတ် အခြားရောဂါကူးစက်မှု)
- မျိုးဆက်ပွားကျန်းမာရေး (သန္ဓေတားဆေး၊ အမျိုးသမီးနှင့် အမျိုးသား မျိုးဆက်ပွားကျန်းမာရေး
 ပြဿနာများ)
- 🛛 မွေးကင်းစ ကလေး သေဆုံးခြင်း
- 🛛 ဒဏ်ရာများ (ကားတိုက်မှု၊ ပြုတ်ကျ၊ အလုပ်ခွင် ဒဏ်ရာများ)
- 🛛 စိတ်ကျန်းမာရေးဆိုင်ရာများ
- 🛛 အိုမင်းရင့်ရော်ခြင်း နှင့် အသက်ရွယ်ကြီးသူများ၏ လိုအပ်မှုများ
- 🛛 သွားကျန်းမာရေး စောင့်ရှောက်ခြင်း
- 🛛 မသန်စွမ်းသူများ၏ လိုအပ်ချက်များ

11. အောက်ပါပရိုဂရမ်များ သို့မဟုတ် ဝန်ဆောင်မှုများကို အသိုင်းအဝိုင်းအများစုတွင် ရနိုင်သည်-သင့်အသိုင်းအဝိုင်း၏ အကြီးမားဆုံးလိုအပ်ချက်များကို စဉ်းစားပါ။ တစ်ခုချင်းစီရဲ့အရေးပါမှုကို အဆင့်သတ်မှတ်ပါ။ 5 က အရေးကြီးဆုံးပါ။ 1 က နည်းနည်း အရေးကြီးတယ်။

အမြို းအစား	၁ အရၕး ဂ်ိဳါ့ႏုမု အနည်း ငယ် သာ၂ရိ	J	9	9	၅ အရၕး က်ိဳး _{ဆံ} း
စားနပ်ိရဂုအာရရိန်ုင်မှ (အရၕး မ်ိဳ အစား အစာ၊ လယ်သမား ဈၕး မူား၊ အစား အသၖာ ဂ်ာဘၖာ ဂ်ာချာများ)					
အိမ်ရာ ရှာဖွ ဆုတွင် ကူညီ ဆောင်ွရက်ပၕးခြင်း					
ွင ကြေး ဆိုင်ရာ အဂူာအညီ					
ဥပဒရေး ရာိဆ်င်ရာ အဂူာအညီ					
ကျာန်းမာ ရၕး အာ မခံရရိရန် ဂူာညီဆော ငွရက်ပၕး ခင်္ငြး					
အလုပ်အိက်ငရာဖွ ရေးနှင့်အဝူာ အလုပ်သင်တန်း ိုသမဟုတ် အဂူာအညီများ					
သယ်ယူိပ့ၼာ ငရၼ ိုဆင်ရာ အဂူာအညီ					
အခဲ့မှိသူမဟုတ် အရး ဖါ် ကလား ထိန်း					
ကုန်းမာရႊျှန့်ငညာညတ်သာ ဟင်းချက်သင်တန်းများဲကဲ့သုံ အာဟာ ရိဆ်င်ရာ ပညာ ပၕး အစီအစဉ်များ					
ဆၖး ၀ါးအလွဲလုံသံးစားမှု ဝန်ဆဇော ်ငုမုများ (ကာ ဂွာယ်ခင်ြး ိုသမဟုတ် ကုသခင်ြး)					
ဆ <mark>ေး</mark> ထိုးအပ်လှယ်ရေး အစီအစဉ်မှုား					
ိစတ်ကျာန်းမာရၕေိုဆင်ရာ အက်ြဉာဏ်ပၕး ခြင်းနှင် ံ့ပိုပုးဂူာညီမှ အီစအစဉ်မှုား					

С

12.ရင်းမြစ်များအားလုံးမှ၂ဝ၂ဝ ခုနှစ်အတွက် အခွန်မဆောင်ခင် သင့်အိမ်၏ ဝင်ငွေစုစုပေါင်းမှာ ဖော်ပြပါများထဲမှ မည်သည့်ကိန်းကဏန်းသည် အနီးစပ်ဆုံးဖြစ်ပါသလဲ။ (တစ်ခုသာ ရွေးချယ်ပါ)

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Welcome!

The purpose of this survey is to help meet the Internal Revenue Service (IRS) requirement from the Affordable Care Act that non-profit hospitals conduct a community health needs assessment every three years.

This survey includes 12 questions and will require approximately 5-10 minutes of your time. It asks questions about your practice setting and the primary community health issues, social service needs, barriers to healthcare access, and problems in providing service in the county(ies) you serve. Your responses will not be connected back to you as an individual and will only be used and published in aggregated format.

This survey is being conducted as part of Parkview Health's 2022 Community Health Needs Assessment (CHNA).

Thank you in advance for completing this survey!

YOUR PRACTICE SETTING

- 1. In which county is your primary practice or service located?
 - ◆ Adams ◆ Allen ◆ DeKalb ◆ Huntington ◆ Kosciusko ◆ LaGrange ◆ Noble
 - ♦ Wabash ♦ Wells ♦ Whitley
- 2. How long have you practiced/provided service in this area?
 - ♦ Less than 1 year ♦ 1-5 years ♦ 6-10 years ♦ 11-15 years ♦ 16-20 years
 - More than 20 years
- 3. What type of healthcare or service provider are you?
 - Physician
 - o Physician's Assistant
 - Nurse Practitioner
 - Registered Nurse
 - o Mental/Behavioral Health
 - ○Nutritionist
 - Wellness Practitioner
 - oPublic Health/Community Health Practitioner
 - Social Worker/Case Management
 - •Other, please specify
- 4. In which type of setting do you provide your services?
 - Outpatient Primary Care Clinic
 - Outpatient Specialized Care Clinic
 - Immediate/Urgent Care Clinic
 - Community Health Center
 - County Health Department
 - Hospital Specialized Care
 - Hospital Emergency Care

- Long-Term Care Facility
- Hospice/Palliative Care Facility
- \circ School
- \circ In-Home
- Other, please specify

COMMUNITY HEALTH NEEDS

5. Below are some health issues present in many communities. Please pick FIVE that you think pose the greatest concern for people who live in your community. (Select only five)

- Tobacco/vaping use
- Substance use or abuse
- Alcohol use or abuse
- Assault and violent crime (including domestic violence)
- Child abuse or neglect
- Sexual violence (including assault, rape or human trafficking)
- Obesity (health problems due to being overweight or obese)
- Chronic disease (diabetes, cancer, heart disease, etc.)
- \circ Suicide
- Infectious disease (HIV, syphilis, hepatitis, COVID-19, or other infections)
- Reproductive health (birth control, women's and men's reproductive health issues)
- Infant death
- o Injuries (car accidents, falls, workplace injuries)
- o Mental health
- $\circ~$ Aging and older adult needs
- o Dental care
- Disability needs

6. Which of the following are the <u>top three</u> barrier(s) to accessing care/services in your county?

∘Costs

- Lack of Insurance
- oAccess/Insufficient Healthcare Resources (i.e. shortage of providers)
- ○Transportation
- oEducation/Health Literacy
- oChildcare
- oLanguage
- oHousing
- oOther; please specify

SERVICE NEEDS

7. Below is a list of programs or services that exist in many communities. Thinking about the biggest needs in your community, please rank each by importance with 5 being the most important and 1 being the least important.

Category	1 Least	2	3	4	5 Most
	Important				Important
Access to Food (such as food pantries, farmers markets, food stamps)	*	•	•	•	•
Assistance with finding housing	•	•	•	•	•
Financial assistance	•	•	•	•	•
Legal assistance	•	•	•	•	•
Assistance with getting health insurance	•	•	•	•	•
Job training or assistance with finding a job	•	•	•	•	•
Assistance with transportation	•	•	•	•	•
Free or emergency childcare	•	•	•	•	•
Nutrition education programs like healthy cooking classes	•	•	•	•	•
Substance abuse services (prevention or treatment)	•	•	•	•	•
Needle exchange programs	•	•	•	•	•
Mental health counseling and support programs	•	•	•	•	•
Gun safety education programs	•	•	•	•	•
Access to birth control	•	•	•	•	•
Walking trails, bike trails, and other outdoor recreation spaces	•	•	•	•	•
Quick access primary care (like clinics in a local drug store or grocery store)	•	•	•	•	•
Aging and older adult programs	•	•	•	•	•
Assistance with filling a prescription	•	•	•	•	•

8. Are you aware of resources available to the community to address the following issues? (Answer Yes, No, or Don't Know for each)

Category	Yes	No	Don't Know
Access to Food (such as food pantries, farmers markets, food stamps)	•	•	•

Assistance with finding housing	•	•	•
Financial assistance	•	•	•
Legal assistance	•	•	•
Assistance with getting health insurance	•	•	•
Job training or assistance with finding a job	•	•	•
Assistance with transportation	•	•	•
Free or emergency childcare	•	•	•
Nutrition education programs like healthy cooking classes	•	•	•
Substance abuse services (prevention or treatment)	•	•	•
Needle exchange programs	•	•	•
Mental health counseling and support programs	•	•	•
Gun safety education programs	•	•	•
Access to birth control	•	•	•
Walking trails, bike trails, and other outdoor recreation spaces	•	•	•
Quick access primary care (like clinics in a local drug store or grocery store)	•	•	•
Aging and older adult programs	•	•	•
Assistance with filling a prescription	•	•	•

9. What problems and barriers do you face in providing health-related services (please check all that apply)?

- Collaboration/communication with other provider/coordinated care
- Effective quality improvement strategies
- Electronic medical records/electronic health records
- Access to timely data
- Relationship with insurers/reimbursement levels
- Insufficient healthcare resources (i.e. shortage of providers)
- Language barriers
- Other, please specify

DEMOGRAPHICS

10. How would you describe your gender?

- $\circ\,\text{Male}$
- \circ Female
- $_{\circ}$ Transgender
- \circ Other:
- $_{\odot}\,\text{Prefer}$ not to answer

11. Are you of Hispanic or Latino origin?

- \circ Yes
- ∘ No
- $_{\odot}\,\text{Prefer}$ not to answer

12. How would you describe your race? (Select all that apply)

- ∘ White
- $_{\odot}$ Black or African American
- \circ Asian
- $_{\odot}\,\text{Native}$ Hawaiian or other Pacific Islander
- American Indian or Alaskan Native
- \circ Other:
- $_{\odot}\,\text{Prefer}$ not to answer

Appendix C - Hanlon Score Calculation

(A) S	Size	(B) :	Seriousness			(C) Effecti Interve	
Score	% of Population	Score	Community (B1) and Provider (B2) % endorsed	Score	Urgency (B3)	Score	Evidence-based intervention
10	≥ 50%	2	≥ 80%	2	Significantly worsening	Yes	1
9	25 to < 50%	1.5	60 to < 80%	1.5	Worsening	No	0
8	17.5 to < 25%	1	40 to < 60%	1	No trend		
7	10 to 17.5%	0.5	20 to < 40%	0.5	Improving		
6	5 to < 10%	0	0 to < 20%	0	Significantly improving		
5	1 to < 5%						
4	0.50 to < 1%						
3	0.10 to < 0.50%						
2	0.05 to < 0.10%						
1	0.01 to < 0.05%						
0	0 to < 0.01%						

Priority Score D = [A + 4.167 * (B1 + B2 + B3)] * C

Appendix D - Community Resources

Findhelp.org is an online to that allows the end user to search and connect to support, including financial assistance, food pantries, medical care, and other free or reduced-cost help.

https://www.findhelp.org/

Name	City	ZIP Code	Service
OBESITY			
Turnstone	Fort Wayne	46805	Fitness Center
Central Branch YMCA	Fort Wayne	46802	Recreational Club
Cole Center Family YMCA	Kendallville	46755	Recreational Club
Jackson R Lehman YMCA	Fort Wayne	46835	Recreational Club
Jorgensen Family YMCA	Fort Wayne	46804	Recreational Club
Kosciusko Community YMCA	Warsaw	46582	Recreational Club
Kosciusko Community YMCA - North Webster Branch	N. Webster	46555	Recreational Club
Parkview Family YMCA	Fort Wayne	46825	Recreational Club
Renaissance Pointe YMCA	Fort Wayne	46803	Recreational Club
Skyline YMCA	Fort Wayne	46802	Recreational Club
Wabash County YMCA	Wabash	46992	Recreational Club
Parkview Huntington Family YMCA	Huntington	46750	Recreational Club
Parkview Center for Healthy Living	Kendallville	46755	Wellness Program
Parkview Center for Healthy Living - FW	Fort Wayne	46816	Wellness Program
Parkview Center for Healthy Living - FW	Fort Wayne	46845	Wellness Program
Lakeland Youth Center	Syracuse	46567	Youth Center
TOBACCO USE			
Healthier Moms and Babies	Fort Wayne	46807	Baby & Me Tobacco Free
Kosciusko Cares Youth Services	Warsaw	46580	Baby & Me Tobacco Free
Parkview Hospital Randallia	Fort Wayne	46805	Baby & Me Tobacco Free
SCAN	Fort Wayne	46802	Baby & Me Tobacco Free
Wabash County Tobacco Free Coalition	Wabash	46992	Baby & Me Tobacco Free

Wabash County Tobacco Free Coalition	Wabash	46993	Smoking Cessation
Cornerstone Connections Project - New	New Heree	46774	
Haven	New Haven	46774	VIVA
Cornerstone Youth Center - CYC Monroeville Cornerstone Connections Project -	Monroeville	46773	VIVA
Woodlawn	Woodburn	46797	VIVA
Parkview Center for Healthy Living	Kendallville	46755	Wellness Program
Women & Children			
Parkview Regional Medical Center - Women and Children's Hospital	Fort Wayne	46845	Breastfeeding Support
Parkview Hospital Randallia	Fort Wayne	46805	Breastfeeding Support Group
Parkview Huntington Hospital	Huntington	46750	Breastfeeding Support Group
Parkview LaGrange Lactation Services	LaGrange	46761	Breastfeeding Support Group
Parkview Noble Hospital	Kendallville	46755	Breastfeeding Support Group
Parkview Regional Medical Center - Women and Children's Hospital	Fort Wayne	46845	Breastfeeding Support Group
Parkview Whitley Hospital	Columbia City	46725	Breastfeeding Support Group
Life & Family Services	Kendallville	46755	Campaign For Our Kids
Lutheran Hospital	Fort Wayne	46804	Childbirth Classes
Clinic	Warsaw	46580	Childhood Immunization
Fort Wayne-Allen County Department of Health	Fort Wayne	46802	Childhood Immunization
LaGrange County Health Department	Topeka	46571	Childhood Immunization
LaGrange County Health Department	Shipshewana	46565	Childhood Immunization
LaGrange County Health Department	LaGrange	46761	Childhood Immunization
Noble County Health Department	Albion	46701	Childhood Immunization
Super Shot	Fort Wayne	46806	Childhood Immunization
Super Shot	Fort Wayne	46845	Childhood Immunization
Super Shot	Fort Wayne	46805	Childhood Immunization
Super Shot	Grabill	46741	Childhood Immunization
Wabash County Health Department	Wabash	46992	Childhood Immunization
Whitley County Health Department	Columbia City	46725	Childhood Immunization
Safe Families for Children - Northeast Indiana	Fort Wayne	46825	Crisis Child Care
Clinic	Warsaw	46580	Early Start Prenatal Clinic/Care Coordination
Brightpoint	Fort Wayne	46802	Family Development

Neighborhood Health Clinics - South			
Calhoun Street	Fort Wayne	46802	Family Planning
Women's Care Center of Fort Wayne - East Wayne Street	Fort Wayne	46802	Family Planning
Women's Care Center of Fort Wayne - West			
Coliseum Boulevard	Fort Wayne	46808	Family Planning
Women's Care Center of Fort Wayne - West Jefferson Street	Fort Wayne	46804	Family Planning
Huntington County Division of Family			
Resources	Huntington	46750	Family Planning Eligibility Program
Kosciusko County Division of Family Resources	Warsaw	46580	Family Planning Eligibility Program
LaGrange County Division of Family			
Resources	LaGrange	46761	Family Planning Eligibility Program
Noble County Division of Family Resources	Albion	46701	Family Planning Eligibility Program
Vocational Rehabilitation Services - Areas 7 & 8	Fort Wayne	46806	Family Planning Eligibility Program
Wabash County Division of Family Resources	Wabash	46992	Family Planning Eligibility Program
Whitley County Division of Family Resources	Columbia City	46725	Family Planning Eligibility Program
McMillen Center for Health Education	Fort Wayne	46816	Human Growth and Development Education
Healthier Moms and Babies	Fort Wayne	46807	Mama Moods
Lutheran Hospital	Fort Wayne	46804	Mood Changes and Moms
Kosciusko Community Hospital	Warsaw	46580	Nursing Mothers Group
A Hope Center - Grabill	Grabill	46741	Post Abortion Healing
A Hope Center - South Calhoun	Fort Wayne	46807	Post Abortion Healing
A Hope Center Pregnancy and Relationship	Fort Wayne	46815	Pregnancy and Parenting Resource
Life & Family Services	Kendallville	46755	Pregnancy and Parenting Resource
A Hope Center - Grabill	Grabill	46741	Pregnancy Testing
A Hope Center - South Calhoun	Fort Wayne	46807	Pregnancy Testing
A Hope Center Pregnancy and Relationship	Fort Wayne	46815	Pregnancy Testing
Area Five WIC - North Manchester	N. Manchester	46962	WIC Care
Area Five WIC - Wabash	Wabash	46992	WIC Care
Huntington County (Area Five) WIC	Huntington	46750	WIC Care
Kosciusko County WIC	Warsaw	46580	WIC Care
LaGrange County WIC	LaGrange	46761	WIC Care
Lafayette Street Family Health Clinic	Fort Wayne	46806	Women's Clinic
SUBSTANCE ABUSE/ADDICTION			

Salvation Army Adult Rehab Center	Fort Wayne	46802	Adult Rehab Center
AA - FW Intergroup	Fort Wayne	46815	Al-Anon / Alateen
AA - FW Intergroup	Fort Wayne	46815	Alcoholics Anonymous
Christian Community Healthcare	Grabill	46741	Community Clinic
Friends Counseling Center - Huntington	Huntington	46750	Counseling
Friends Counseling Center - Wabash	Wabash	46992	Counseling
Northeastern Center	Kendallville	46755	Crisis Line
Otis R. Bowen Center for Human Services	Warsaw	46581	Crisis Line
Park Center - E State Boulevard	Fort Wayne	46805	Crisis Line
McMillen Center for Health Education	Fort Wayne	46816	Drug Abuse Prevention Education
YWCA of Northeast Indiana	Fort Wayne	46816	Hope and Harriet
Park Center - Carew Street	Fort Wayne	46805	Inpatient Mental Health
Connection Points Ministry - Columbia City	Columbia City	46725	Living Free Recovery and Counseling Services
Connection Points Ministry - FW	Fort Wayne	46815	Living Free Recovery and Counseling Services
Connection Points Ministry - Grabill	Grabill	46741	Living Free Recovery and Counseling Services
VA of Northern Indiana - FW	Fort Wayne	46805	Mental Healthcare, Veteran
St. Joseph Hospital	Fort Wayne	46802	Mental Health Services
FW-Allen County Dept of Health - Syringe Services	Fort Wayne	46806	Needle Exchange/Distribution Programs
Drug Free Noble County	Albion	46701	Substance Abuse Education
Bowen Center - Albion	Albion	46701	Substance Abuse Services
Bowen Center - Columbia City	Columbia City	46725	Substance Abuse Services
Bowen Center - FW	Fort Wayne	46808	Substance Abuse Services
Bowen Center - Huntington	Huntington	46750	Substance Abuse Services
Bowen Center - Syracuse	Syracuse	46567	Substance Abuse Services
Bowen Center - Wabash	Wabash	46992	Substance Abuse Services
Bowen Center - Warsaw	Warsaw	46580	Substance Abuse Services
Indiana Dream Center	Huntington	46750	Substance Abuse Services
Northeastern Center - Noble County	Albion	46701	Substance Abuse Services
Northeastern Center - Noble County Clinic	Kendallville	46755	Substance Abuse Services
Park Center - Carew Street	Fort Wayne	46805	Substance Abuse Services
Addiction Recovery Centers of Indiana - Columbia City	Columbia City	46725	Substance Use Disorder Services

Addiction Recovery Centers of Indiana -			
Lagrange	Lagrange	46761	Substance Use Disorder Services
Hope Alive	Fort Wayne	46808	Support Groups
Vocational Rehabilitation Services - Areas 7	Fort Wayne	46807	Substance Abuse Treatment, Outpatient
The Thirteen Step House	Fort Wayne	46802	Substance Abuse, Residential
Freedom House	Fort Wayne	46802	Transitional Housing
Road to Recovery	Fort Wayne	46805	Transitional Housing
Shepherd's House	Fort Wayne	46805	Transitional Housing
The Rose Home	Fort Wayne	46803	Transitional Housing
The Rose Home	Syracuse	46567	Transitional Housing
MENTAL HEALTH			
Center for Nonviolence	Fort Wayne	46807	Anger Management
Drug Free Noble County	Noble	46701	Anger Management
Center for Nonviolence	Fort Wayne	46807	Batterer Intervention Program
Parkview Behavioral Health	Fort Wayne	46805	Behavioral Health Services
HealthVisions of Fort Wayne	Fort Wayne	46803	Bienvenido Program
Turnstone	Fort Wayne	46805	Caregiver Support Group
Northeastern Center - Dowling Street	Kendallville	46755	Children's Mental Health Initiative
Park Center - E State Boulevard	Fort Wayne	46805	Children's Mental Health Initiative
Friends Counseling Center - Huntington	Huntington	46750	Counseling
Friends Counseling Center - Wabash	Wabash	46992	Counseling
Vocational Rehabilitation Services - Areas 7 and 8	Fort Wayne	46807	Counseling
Northeastern Center - Main Street	Kendallville	46755	Crisis Line
Park Center-East State Boulevard	Fort Wayne	46805	Crisis Line
Park Center-East State Boulevard	Fort Wayne	46805	Dialectical Behavioral Therapy
Park Center-Carew Street	Fort Wayne	46805	Inpatient Mental Health
Mental Health America Northeast Indiana	Fort Wayne	46807	Mental Health Association
VA of Northern Indiana - FW	Fort Wayne	46805	Mental Healthcare, Veteran
St. Joseph Hospital	Fort Wayne	46802	Mental Health Services
Crossroad Child & Family Services	Fort Wayne	46805	Outpatient Mental Health Services
Crossroad Child & Family Services - Huntington	Huntington	46750	Outpatient Mental Health Services
Northeastern Center - Dowling Street	Kendallville	46755	Outpatient Mental Health Services

		46764	
Northeastern Center - LaGrange County	LaGrange	46761	Outpatient Mental Health Services
Northeastern Center - Main Street	Albion	46701	Outpatient Mental Health Services
Park Center - Carew Street	Fort Wayne	46805	Outpatient Mental Health Services
Park Center - East State Boulevard	Fort Wayne	46805	Outpatient Mental Health Services
Bowen Center - Albion	Albion	46701	Outpatient Treatment Services
Bowen Center - Columbia City	Columbia City	46725	Outpatient Treatment Services
Bowen Center - Cromwell	Cromwell	46732	Outpatient Treatment Services
Bowen Center - FW	Fort Wayne	46808	Outpatient Treatment Services
Bowen Center - Huntington	Huntington	46750	Outpatient Treatment Services
Bowen Center - LaGrange	LaGrange	46761	Outpatient Treatment Services
Bowen Center - Syracuse	Syracuse	46567	Outpatient Treatment Services
Bowen Center - Wabash	Wabash	46992	Outpatient Treatment Services
Bowen Center - Warsaw	Warsaw	46580	Outpatient Treatment Services
Bowen Center - Warsaw	Warsaw	46580	Psychiatric Residential Treatment
Crossroad Child & Family Services	Fort Wayne	46805	Psychiatric Residential Treatment
Hope Alive	Fort Wayne	46808	Support Groups
We The Living	Fort Wayne	46814	Support Groups
National Alliance on Mental Illness	Fort Wayne	46805	Support Groups - Family Support
National Alliance on Mental Illness	Fort Wayne	46805	Support Groups - Peer to Peer
National Alliance on Mental Illness	Fort Wayne	46805	Support Groups - Special Spousal Support
Youth Services Bureau Huntington County	Huntington	46750	Teen Suicide Prevention
Center for Nonviolence	Fort Wayne	46807	Women's Violence Intervention Program
Bowen Center - Columbia City	Columbia City	46725	Children's Mental Health
Bowen Center - Huntington	Huntington	46750	Children's Mental Health
Bowen Center - Warsaw	Warsaw	46580	Children's Mental Health
Bowen Center- Wabash	Wabash	46992	Children's Mental Health
DIABETES	·		·
HealthVisions of Fort Wayne	Fort Wayne	46803	Diabetes Education
St. Joseph Hospital	Fort Wayne	46802	Diabetes Support Group
Parkview Center for Healthy Living	Kendallville	46755	Diabetes Workshop
HealthVisions of Fort Wayne	Fort Wayne	46802	Health Fair - FW Rescue Mission
CANCER			·
American Cancer Society	Fort Wayne	46825	Appearance Enhancement Program
American Cancer Society	Fort Wayne	46825	Cancer Information and Referral
······································			

Cancer Services of Northeast Indiana	Fort Wayne	46825	Client Services
Francine's Friends	Fort Wayne	46845	Mobile Mammography
American Cancer Society	Fort Wayne	46825	Peer to Peer Breast Cancer Support
Cancer Services of Northeast Indiana	Fort Wayne	46825	Support Groups
AGING			
Aging and In - Home Services of NE Indiana	Fort Wayne	46805	Aging and Disability Resource Center
Turnstone	Fort Wayne	46805	Caregiver Support Group
Community Center	Fort Wayne	46802	Community Center
Huntington County Council on Aging	Huntington	46750	Information and Referral
Greater Indiana Chapter - FW	Fort Wayne	46804	Mental Health Information
Wellspring Interfaith Social Services	Fort Wayne	46802	Older Adult Program
Huntington County Council on Aging	Huntington	46750	Senior Center
Kosciusko Community Senior Services	Warsaw	46580	Senior Center
LaGrange County Council on Aging	LaGrange	46761	Senior Center
Neighborhood Health Clinics - Cedar Street	Kendallville	46755	Senior Center
Whitley County Council on Aging	Columbia City	46725	Senior Center
CARDIOVASCULAR DISEASE			
Wabash County Health Department	Wabash	46992	Health Screenings
Huntington County Health Department	Huntington	46750	Heath Screenings
Living Well in Wabash County COA	Wabash	46992	Living Well Winchester Center
HEALTHCARE ACCESS			
Brightpoint	Fort Wayne	46802	Covering Kids and Families
Brightpoint	Fort Wayne	46805	Covering Kids and Families
Brightpoint	Huntington	46750	Covering Kids and Families
Brightpoint	Wabash	46992	Covering Kids and Families
Brightpoint	Warsaw	46580	Covering Kids and Families
Brightpoint	Kendallville	46755	Covering Kids and Families
Brightpoint	LaGrange	46761	Covering Kids and Families
Kosciusko Community Hospital	Warsaw	46580	Health Insurance
Neighborhood Health Clinics - South Calhoun Street	Fort Wayne	46802	Health Insurance
Parkview Center for Healthy Living	Kendallville	46755	Health Insurance
Parkview Huntington Hospital	Huntington	46750	Health Insurance
Parkview LaGrange Hospital	LaGrange	46761	Health Insurance
Parkview Wabash Hospital	Wabash	46992	Health Insurance

Huntington County Division of Family			Medicaid/Hoosier Healthwise/Hoosier
Resources	Huntington	46750	Care Connect
Kosciusko County Division of Family			Medicaid/Hoosier Healthwise/Hoosier
Resources	Warsaw	46580	Care Connect
LaGrange County Division of Family			Medicaid/Hoosier Healthwise/Hoosier
Resources	LaGrange	46761	Care Connect
SSA-FW Field	Fort Wayne	46819	Medicare
STD TREATMENT			
LaGrange County Health Department	Shipshewana	46565	Adult Immunizations
LaGrange County Health Department	Topeka	46571	Adult Immunizations
Super Shot	Fort Wayne	46806	Adult Immunizations
Super Shot	Grabill	46741	Adult Immunizations
Super Shot	Fort Wayne	46845	Adult Immunizations
Medical Annex	Fort Wayne	46803	Adult/Adolescent Immunizations
Medical Annex	Fort Wayne	46803	Clinic
Neighborhood Health Clinics - South			
Calhoun Street	Fort Wayne	46802	Family Planning
Northeast Indiana Positive Resource			
Connection	Fort Wayne	46806	HIV Care Coordination
Northeast Indiana Positive Resource			
Connection	Fort Wayne	46806	Prevention Outreach
Northeast Indiana Positive Resource			
Connection	Fort Wayne	46806	STD Testing

Appendix E – Additional Huntington Resources

This list of community resources in Huntington County is provided and maintained by Purdue University, an equal opportunity/equal access/affirmative action institute. This list is updated annually and was last updated in October 2022. For revisions or updates to this list, please contact Purdue Extension at (260) 358-4826.

Financial Assistance		
Catholic Charities	260.422.5625	
Child Care Assistance (Brightpoint)	260.423.3546	
Energy Assistance	260.356.1098	
Huntington Township Trustee	260.356.5218	
Indiana Unemployment Benefits	800.891.6499	
Love INC	260.356.0933	
SNAP & TANF (Division of Family Resources)	800.403.0864	
Social Security Administration	800.772.1213	
Salvation Army	260.356.3485	
VITA Tax Program (Pathfinder)	260.355.2510	

Furniture & Clothing		
Assistance		
Dream Center	260.366.3641	
Love INC	260.356.0933	
Mustard Seed	260.471.5802	
On Your Way Up (YSB)	260.356.9681	

Employment Services		
Leaders Staffing	260.200.2179	
Pro Resources	260.356.6264	
Resource	260.356.0521	
Connection		
Vocational	877.876.2866	
Rehabilitation		
WorkOne	260.356.2858	

Food Assistance		
Bread of Life Food Pantry	260.375.3873	
Community Harvest Farm Wagon	260.447.3696	
Dream Center	260.366.3641	
First Church of the Nazarene	260.356.1614	
Love INC	260.356.0933	
Mission House Food Pantry	260.224.3218	
Mount Etna Food Pantry (Healing Waters Church)	260.273.6702	
New Life Meal Ministry	260.358.7801	
Salvation Army	260.356.3485	
St Mary's Open Door	260.359.7777	
Trinity United Methodist Church (1 st Saturday Meal)	260.356.0961	

Housing & Transportation

Brightpoint	260.423.3546 x332
Habitat for Humanity GFW	260.422.4828
LaFontaine Center	260.224.6100
Section 8 Housing	260.726.6322
YWCA Domestic Violence Shelter	800.441.4073
Huntington	260.356.3006
Area	
Transportation (HAT)	

Transitional Housing

Harmony Home	260.355.9400
Huntington House	260.358.0748
Place of Grace	260.358.7529
Remnant Ministries	260.388.6020
Men's Life House	260.388.0029
Women's Life House	260.200.1091

Support Groups		
Bowen Center	260.356.2875	
Cancer Services of	260.484.9560	
NE Indiana		
Center for	260.456.4112	
Nonviolence		
Grief Share Support	260.356.2642	
Group		
MHANI – Online	260.422.6441	
Peer Support		
Group		
NAMI	260.447.8990	
Peggy F Murphy	260.435.3261	
Community Grief		
Center		
ROCK (Raising Our	260.356.0961	
Children's Kids)		
Safe Huntington	260.355.9745	
YWCA	260.424.4908 x113	

Legal Services		
IVD Office/Child Support	260.358.4884	
Indiana Legal Services	888.442.8600	
Neighborhood Christian Legal Clinic	260.456.8969 ext. 311	
Volunteer Lawyer Program of NEI	260.407.0917	

Health Care Services		
Cancer Services of NE Indiana	260.484.9560	
Children's Special Health Care Services	317.233.1351	
Covering Kids & Families (Brightpoint)	800.589.3506 option 2	
Huntington County Health Dept	260.358.4831	
Matthew 25	260.426.3250	
Parkview Health	260.355.3000	
Stillwater Hospice	260.435.3222	

Mental Health & Addictions

12 Step Life Recovery	260.519.1664
Alcoholics	260.471.6262
Anonymous (AA)	
Bowen Center	260.356.2875
Crossroad	260.484.4153
Counseling	
Friends	260.563.8453
Counseling	
Center	
Grace & Truth	260.356.2642
Counseling	
Meridian	260.436.0932
Health Services	
Parkview	260.373.7500
Behavioral Health	
Renovate Counseling	260.355.5100
YWCA	260.424.4908
IWCA	200.424.4908 x109
	X109

General Education		
Huntington Co. Comm. Schools	260.356.8312	
Huntington Co. Learning Center	260.356.2858	
Huntington Co. Special Services	260.356.8312	
Huntington City Township Public Library	269.356.0824	
Huntington University	260.356.6000	
Impact Institute	888.349.0250 260.343.2163	
lvy Tech	260.356.2858	
Purdue Extension Huntington Co	260.358.4826	
YMCA (preschool)	260.359.9622	
Youth Services Bureau	260.356.9681	

Youth		
Be Someone Now (SCAN)	260.458.4153	
Big Brothers Big Sisters	260.456.1600	
Boys & Girls Club	260.359.1750	
Department of Child Services	260.356.4420	
Early Head Start	260.356.0123	
First Steps	877.494.5115	
Head Start	260.413.0897	
Huntington City Township Public Library	260.356.0824	
JAG Program (Brightpoint)	260.760.2984	
McKenzie's Hope	260.356.5730	
McKenzie's Hope Advocacy Services	260.355.9082	
Safe Families for Children	260.417.8967	
SCAN	260.421.5000	
YMCA	260.359.9622	
Youth Services Bureau	260.356.9681	

Recreation &	Hobbies
Boy Scouts	800.272.2900
Girl Scouts	800.283.4812
HARTA	260.355.5103
Huntington	260.358.4826
County 4-H	
Clubs/Fair	
Huntington	260.359.4410
County Council	
on Aging /	
Senior Center	
Parks & Rec	260.358.2323
Department	
Police	260.356.9272
Athletic	
League (PAL)	
Salvation Army	260.356.3485
Volunteer Center	260.424.3505
YMCA	260.359.9622

Hotlines		
211	2.1.1	
Addiction Hotline	888.513.8506	
Adult Protective Services	800.992.6978	
Auto Safety Hotline	800.424.9393	
CARE Line/Parent Stress Line	800.244.5373	
Child Abuse Hotline	800.800.5556	
Disability Protection & Advocacy	800.622.4845	
Div. of Disability & Rehab Services	800.545.7763	
Domestic Violence & Sexual Assault Hotline	800.441.4073	
Family Hospice of NE Indiana	800.355.2817	
Gambling Addictions Hotline	800.994.8448	
Indiana Mom's Helpline	844.626.6667	
Parkview Behavioral Health Helpline	800.284.8439	
Poison Center	800.222.1222	
Prevent Child Abuse Indiana	800.244.5373	
Public Assistance Fraud Hotline	800.403.0864	
Radon Hotline	800.272.9723	
Safe Place (Teen Crisis Line)	260.530.7676	
Suicide Prevention	988	
US Consumer Product Safety Line	800.638.2772	

Appendix F - Prioritization Participating Organizations

Prioritization session attendees represented several organizations in Huntington County:

Organization/Department

Parkview Huntington Hospital Board SCAN Anthem Medicaid Pathfinders YWCA of Fort Wayne Project Recovery Huntington House Place of Grace Huntington County Health Department **Bowen Center** Huntington Parks and Recreation **Stillwater Hospice** Parkview Huntington Family YMCA Huntington University McKenzie's Hope **Child Support Office** United Way of Huntington County