



Parkview LaGrange Hospital **2020 Implementation Strategies**

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Introduction

Parkview LaGrange Hospital, Inc., is a not-for-profit, critical access hospital located in LaGrange, Indiana. The current facility was built in 2008 and sits on a 13-acre campus, which includes a one-half mile paved walking track. There are 25 licensed inpatient beds that are comprised of medical/surgical, constant care, transitional skilled nursing/swing bed, and family birthing. The emergency department is a full-service, 24-hour care unit that includes nine treatment rooms, including a trauma room, and three observation rooms. Surgical services include general surgeries, gynecologic procedures, laparoscopic and endoscopic procedures, orthopedic procedures including total joint replacements and ambulatory services including infusion therapy and anticoagulation therapy. Other services include inpatient and outpatient physical therapy, occupational therapy, and speech pathology, cardiac rehab, diagnostic imaging that includes SmartLung CT and HeartSmart CT scans, LifeBridge outpatient behavioral health senior program and EMS. Specialty medical services offered in our physician clinics or attached medical office building include cardiology, colon and rectal surgery, general surgery, obstetrics/gynecology, oncology, orthopedics, podiatry and urology.

Community Served

LaGrange county has an estimated population of 39,614 as of July 1, 2019, according to the United States Census Bureau. The percent of persons under age 65 years without health insurance is 25.5%.¹

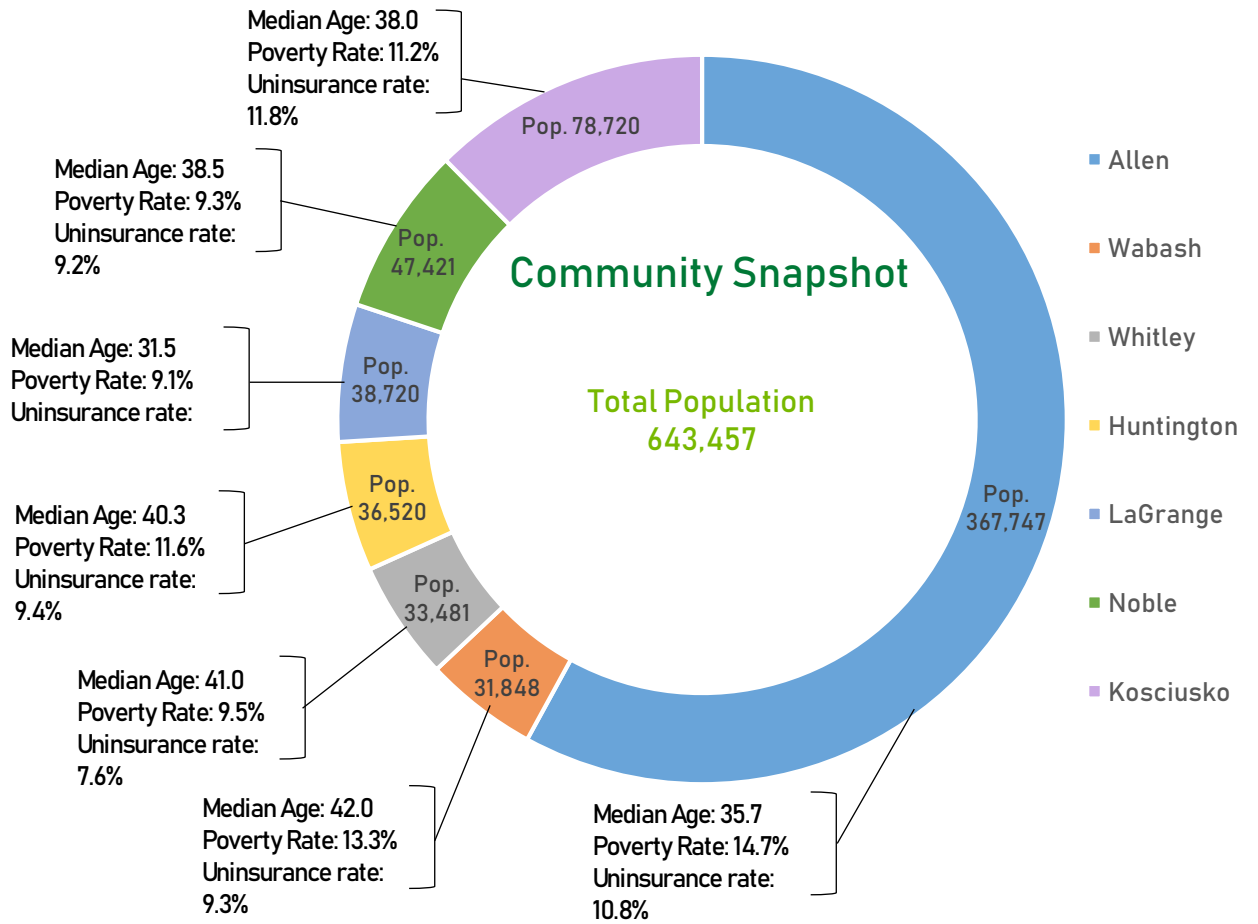


Figure 2

¹ U.S. Census Bureau QuickFacts: LaGrange County, Indiana. (2019, July 1). Retrieved from <https://www.census.gov/quickfacts/lagrangecountyindiana>.

Ranking of Community Health Needs

The 2019 top-ranking indicators for LaGrange County are shown in **Table 1**. For LaGrange County, three of the top five health concerns – cardiovascular disease, diabetes, and obesity – are etiologically and clinically related health issues. If we consider the top 10 health concerns in the region, one other related need is identified: drug and alcohol use and addiction. Mental health disorders are one of the risk factors for developing substance use disorder. These rankings are indicative of interrelated and interconnected health conditions, providing a broader picture of the health issue experienced by the community and rendering credence to the methodology adopted for this purpose. Comparing the 2016 and 2019 CHNA rankings for the Parkview Region, we see that Cardiovascular Disease (Rank 6 to 1) and Aging (Rank 12 to 1) moved to the top five. Changes in the methodology for calculating “size of the health issue” and “effectiveness of intervention” may have contributed to this change.

Health Need / Concern	Health Indicator	2019 Rank								2016 Rank
		Allen	Huntington	Kosciusko	LaGrange	Noble	Wabash	Whitley	Avg. Rank	
1. Cardiovascular Disease	Stroke Hospitalizations	1	2	1	1	1	1	1	1.1	6
	Heart Disease Hospitalizations	1	1	1	1	1	1	3	1.3	
2. Diabetes	Adults 20+ with Diabetes	1	2	1	1	1	1	3	1.4	3
3. Aging	Alzheimer's Disease	5	4	4	1	4	4	3	3.6	12
4. Obesity	Adults 20+ who are Obese	5	6	6	1	4	4	3	4.1	2
5. Drug & Alcohol Use and Addiction	Non-Fatal ED Visits due to Opioid Overdoses	1	4	4	12	10	4	11	6.6	5
6. Mental Health	Percent of Population with Frequent Mental Distress	7	7	7	10	6	7	7	7.3	10
Drug & Alcohol Use and Addiction	Adults who Drink Excessively	8	7	8	6	6	10	9	7.7	5
7. Tobacco Use	Adults who Smoke	8	7	12	8	8	8	7	8.3	1
8. Maternal Child Health	Child Abuse and Neglect	10	10	17	6	8	8	1	8.6	4

Table 1: Top Ranking Indicators (2019 CHNA pg. 53)²

² “2019 Community Health Needs Assessment Parkview LaGrange Hospital, LaGrange County,” Community Health Improvement (Local Health Needs), Parkview Health, December 2019, <https://www.parkview.com/community/community-health-improvement/local-health-needs>.

CHNA/Implementation Strategy Process

Based on the 2019 community health needs assessment (CHNA) results, our internal team along with external partner organizations plan to continue to build on health initiatives that have been developed and have evolved over the last six years related to mental health / substance use disorder, obesity and maternal/infant/child health in LaGrange County.

Work addressing the current health needs will be very similar to efforts in the past. Community Health Improvement staff, program leads, and partner organizations worked together to formulate the implementation strategy.

The Community Health Improvement Committee, a committee of the hospital board of directors, reviewed and adopted the implementation strategy on May 8, 2020.

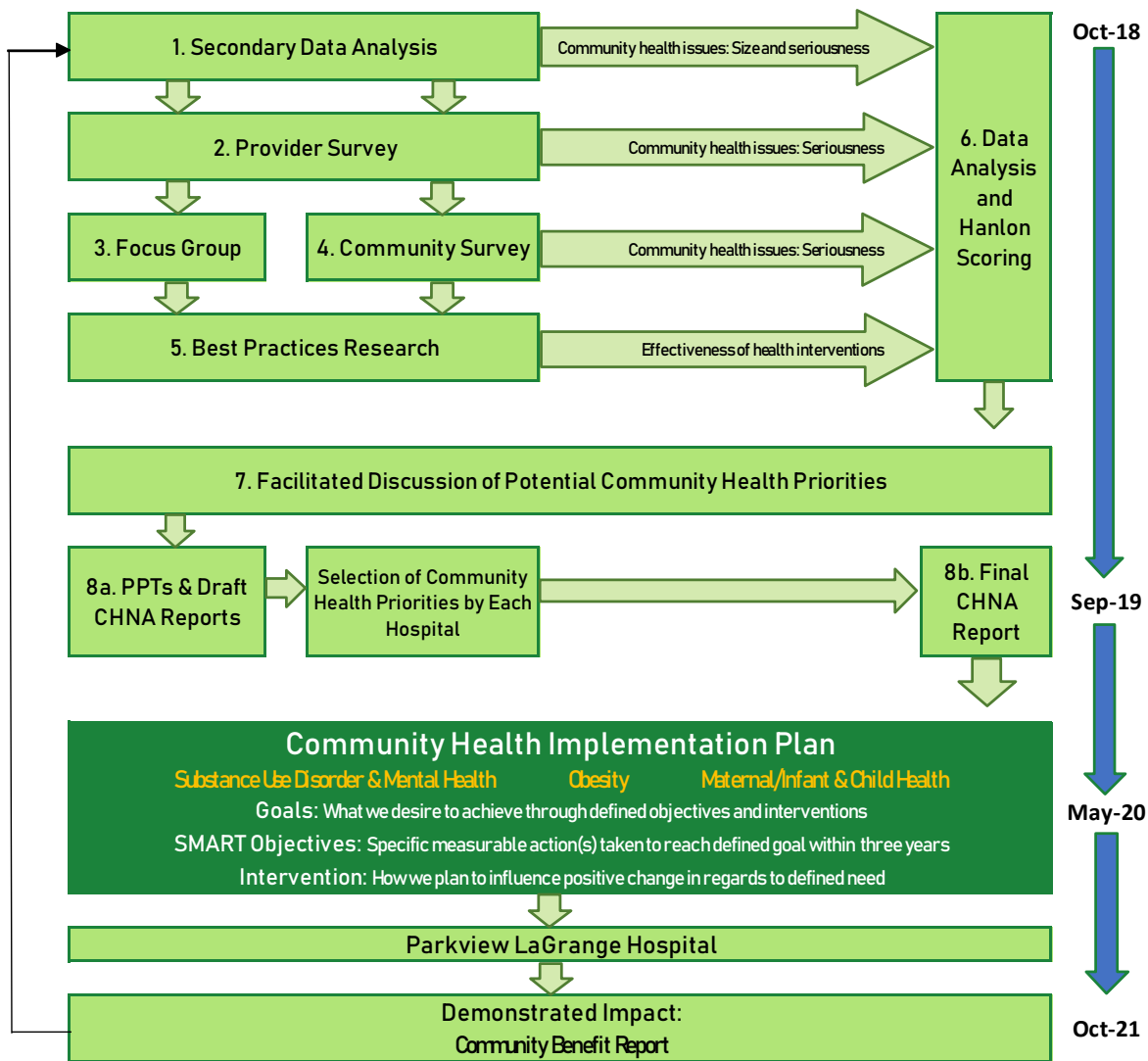


Figure 3: Key activities of the CHNA and implementation strategy development

Prioritization Process

A modified Hanlon Method prioritized health concerns for Parkview Health hospital communities. This method, also known as the Basic Priority Rating System (BPRS) 2.0, is recommended by the National Association of County and City Health Officials (NACCHO) for prioritizing community health needs (Guide-to-Prioritization-Techniques.pdf, n.d.). Although complex to implement, it is useful when the desired outcome is an objectively selected list. Explicit identification of factors must be considered to set priorities which enables a transparent and replicable process. Priority scores are calculated based on the size of the health problem, seriousness of the health problem and the availability of effective health interventions.

The Indiana Partnership for Health Communities presented an overview of the Regional CHNA findings on July 16, 2019 to attendees representing the Parkview Health System. In total over 60 individuals participated in the prioritization process, including representatives from hospital service lines, community hospitals, healthcare providers/physicians, executive leadership team, community health and the board of directors. After a thorough review of the data and considerable discussion, the group used an electronic voting system to rank the various health needs identified in the CHNA. Ultimately, the group voted on **Substance Use Disorder/Mental Health**, as the shared health priority across the health system.

As a continuation of the prioritization process, Parkview LaGrange Hospital, Inc. (LaGrange County) Community Health Improvement Committee (CHIC), which is comprised of a multi-disciplinary advisory council, reviewed the data to select additional health priorities for the hospital. This group of stakeholders met on August 27, 2019 and discussed the results of the Parkview Health CHNA. After a thoughtful review of the data and extensive discussion, the advisory committee chose two additional priorities, which were **obesity and maternal/infant/child health** with an emphasis on child health.

The top three health priorities were presented to and adopted by the Parkview LaGrange Hospital Board September 27, 2019.

In addition, a community session was held to share the LaGrange County CHNA results and gather feedback from local non-profit and public health organizations. Participants worked in small groups to complete a "Roadmap" outlining their vision for our community, potential interventions, barriers and other factors related to the hospital's three health priorities.

Community Health Implementation Plan

Community health needs that Parkview LaGrange Hospital Inc. will address:

1. Substance Use Disorder/Mental Health
2. Obesity
3. Maternal/Infant/Child Health

Substance Use Disorder/Mental Health

Identified Health Need: Substance Use Disorder/Mental Health				
Goal: Decrease frequency of substance use and number of those identified with frequent mental distress in LaGrange County				
Objective: Increase utilization of accessing substance use / mental health services				
Program	Indicator	Interventions	Anticipated Impact	Internal/External Partners
<ul style="list-style-type: none"> • LaGrange County Substance Use Disorder /Mental Health Collaborative 	<ul style="list-style-type: none"> • # of community health partners actively participating in collaborative • # of participants accessing help • # of opportunities created for dialogue & education 	<ul style="list-style-type: none"> • Establish a One Call for Help telephone line providing access for mental health and substance use disorder 24/7 • Community campaign to educate on substance use disorder/mental health 	<ul style="list-style-type: none"> • Increase number of people accessing care/resources • Reduce stigma • Increasing knowledge 	<ul style="list-style-type: none"> • Bowen Center • Brightpoint • Community Health Clinic • LaGrange County Schools • LaGrange County Sheriff's Department • Northeastern Center • Parkview Behavioral Health Institute • Parkview LaGrange Hospital leadership • Purdue Extension • YMCA
Planned Resource Commitment: \$2,000 (The resources associated with this strategy is an estimate and should be regarded as such.)				

Identified Health Need: Substance Use Disorder/Mental Health				
Goal: Decrease frequency of substance use and number of those identified with frequent mental distress in LaGrange County				
Objective: Increase utilization of accessing substance use / mental health services				
Program	Indicator	Interventions	Anticipated Impact	Internal/External Partners
<ul style="list-style-type: none"> • Question, Persuade, Refer (QPR) 	<ul style="list-style-type: none"> • # of program participants 	<ul style="list-style-type: none"> • Provide free QPR training & education to the LaGrange county community 	<ul style="list-style-type: none"> • Participants will learn how to recognize the warning signs of suicide and how to intervene • Reduction in suicide completions throughout the county 	<ul style="list-style-type: none"> • Bowen Center • LaGrange County Schools • LaGrange County Sheriff's Department • Northeastern Center • Parkview Behavioral Health Institute • Parkview LaGrange Hospital leadership
Planned Resource Commitment: \$2,000 + training hours (The resources associated with this strategy is an estimate and should be regarded as such.)				

Identified Health Need: Substance Use Disorder/Mental Health				
Goal: Decrease frequency of substance use and number of those identified with frequent mental distress in LaGrange County				
Objective: Increase utilization of accessing substance use / mental health services				
Program	Indicator	Interventions	Anticipated Impact	Internal/External Partners
<ul style="list-style-type: none"> • Freedom From Smoking 	<ul style="list-style-type: none"> • # of program participants 	<ul style="list-style-type: none"> • Provide free tobacco cessation classes to the LaGrange county community 	<ul style="list-style-type: none"> • Participants will learn the dangers of tobacco use • Reduction in tobacco use throughout the county 	<ul style="list-style-type: none"> • Parkview Health & Well-Being • Parkview LaGrange Hospital leadership
Planned Resource Commitment: \$500 + training hours (The resources associated with this strategy is an estimate and should be regarded as such.)				

Obesity

Identified Health Need: Obesity				
Goal: Decrease number of those identified as obese in LaGrange County				
Objective: Increase participation in well-being activities that correlate with reducing obesity				
Program	Indicator	Interventions	Anticipated Impact	Internal/External Partners
<ul style="list-style-type: none"> LaGrange County Obesity Collaborative 	<ul style="list-style-type: none"> # of community health partners actively participating in collaborative # of program participants # of restaurants offering healthy options 	<ul style="list-style-type: none"> Provide public education on why it is important to be healthy Increase access to fitness Partner with LaGrange county restaurants to increase healthy food options 	<ul style="list-style-type: none"> Increased knowledge Behavior change Improved health 	<ul style="list-style-type: none"> LaGrange County Schools Parkview Health Youth Well-Being Coordinator Parkview LaGrange Hospital leadership Plain Church Group Ministry Purdue Extension Topeka Pharmacy YMCA
Planned Resource Commitment: \$2,000 (The resources associated with this strategy is an estimate and should be regarded as such.)				

Identified Health Need: Obesity				
Goal: Decrease number of those identified as obese in LaGrange County				
Objective: Increase participation in well-being activities that correlate with reducing obesity				
Program	Indicator	Interventions	Anticipated Impact	Internal/External Partners
<ul style="list-style-type: none"> Planting Healthy Seeds 	<ul style="list-style-type: none"> # of program participants 	<ul style="list-style-type: none"> Provide free curriculum to LaGrange county students in grades K, 3rd, and 4th 	<ul style="list-style-type: none"> Increased knowledge Behavior change Improved health 	<ul style="list-style-type: none"> LaGrange County Schools Parkview Health Youth Well-Being Coordinator Plain Church Schools
Planned Resource Commitment: \$500 (The resources associated with this strategy is an estimate and should be regarded as such.)				

Identified Health Need: Obesity				
Goal: Decrease number of those identified as obese in LaGrange County				
Objective: Increase participation in well-being activities that correlate with reducing obesity				
Program	Indicator	Interventions	Anticipated Impact	Internal/External Partners
<ul style="list-style-type: none"> • Food Pharmacy • Diabetic Education 	<ul style="list-style-type: none"> • # of program participants 	<ul style="list-style-type: none"> • Partner with Topeka Pharmacy to expand services to diabetic patients 	<ul style="list-style-type: none"> • Improvement in participants BMI and A1C levels • Increase in knowledge of diabetes management and nutrition guidelines 	<ul style="list-style-type: none"> • Parkview LaGrange Hospital leadership • Topeka Pharmacy
Planned Resource Commitment: \$3,000 + training hours (The resources associated with this strategy is an estimate and should be regarded as such.)				

Identified Health Need: Obesity				
Goal: Decrease number of those identified as obese in LaGrange County				
Objective: Increase participation in well-being activities that correlate with reducing obesity				
Program	Indicator	Interventions	Anticipated Impact	Internal/External Partners
<ul style="list-style-type: none"> • YMCA Group Exercise Classes 	<ul style="list-style-type: none"> • # of program participants 	<ul style="list-style-type: none"> • Partner with YMCA to expand well-being programming 	<ul style="list-style-type: none"> • Improvement in participants BMI levels • Increased knowledge • Behavior change • Improved health 	<ul style="list-style-type: none"> • Howe LaGrange Insurance Agency • Parkview LaGrange Hospital leadership • YMCA
Planned Resource Commitment: \$500 (The resources associated with this strategy is an estimate and should be regarded as such.)				

Maternal/Infant/Child Health

Identified Health Need: Maternal/Infant/Child Health				
Goal: Decrease number of child abuse and neglect cases in LaGrange County				
Objective: Develop a strategy to address child abuse and offer quality childcare				
Program	Indicator	Interventions	Anticipated Impact	Internal/External Partners
<ul style="list-style-type: none"> LaGrange County Maternal /Infant / Child Health Collaborative 	<ul style="list-style-type: none"> # of child abuse and neglect cases reported 	<ul style="list-style-type: none"> Create a strategy around reducing child abuse in LaGrange County 	<ul style="list-style-type: none"> Establish a baseline in the first year of the program Behavior change Increase parent support 	<ul style="list-style-type: none"> Brightpoint LaGrange County Community Foundation Parkview LaGrange Hospital leadership YMCA
Planned Resource Commitment: \$2,000 (The resources associated with this strategy is an estimate and should be regarded as such.)				

Identified Health Need: Maternal/Infant/Child Health

Goal: Decrease number of child abuse and neglect cases in LaGrange County

Objective: Develop a strategy to address child abuse and offer quality childcare

Program	Indicator	Interventions	Anticipated Impact	Internal/External Partners
<ul style="list-style-type: none"> LaGrange County Childcare Collaborative 	<ul style="list-style-type: none"> # of certified providers 	<ul style="list-style-type: none"> Increase the number of certified childcare providers in LaGrange County 	<ul style="list-style-type: none"> Increase parent support Increase business support 	<ul style="list-style-type: none"> Dekko Foundation Early Childhood Alliance LaGrange Church of God LaGrange County Businesses LaGrange County Community Foundation LaGrange County Economic Development Corporation LaGrange County Schools Parkview LaGrange Hospital leadership United Way YMCA

Planned Resource Commitment: \$2,000

(The resources associated with this strategy is an estimate and should be regarded as such.)

Significant Health Needs Not Addressed by the Implementation Strategy

Health needs identified and why the hospital does not intend to address these as part of the implementation strategy:

- Aging – Aging and In-Home Services of Northeast Indiana (AIHS) serves older adults, persons with disabilities and their caregivers in nine counties in northeast Indiana. This not-for-profit, community-based organization is a federal and state designated Area Agency on Aging and an Aging and Disability Resource Center which provides a streamlined access to information, care options, short-term case management and benefits enrollment across a spectrum of long-term care services. Through the Care Transitions program, AIHS partners with Parkview Health to reduce Medicare readmissions. In addition, the agency serves as the initial coordinator and fiscal agent for Honoring Choices® Indiana, which is an initiative committed to promoting and sustaining advance care planning (ACP) across the state to ensure individuals' future health care preferences are discussed, documented, and honored. Through Honoring Choices®, Parkview and AIHS work together to train ACP facilitators, promote best practice and increase public awareness about the value of discussing health care decision making in advance of medical crisis.
- Cardiovascular Disease & Diabetes – While we are not addressing cardiovascular disease & diabetes specifically, we will be addressing obesity. Many of our outreach initiatives to address or prevent obesity will impact both these areas in that interventions are similar for these health issues.
- Tobacco Use – Parkview LaGrange Hospital, in addition to other LaGrange County agencies, offers quarterly nicotine cessation classes for free to the community. Parkview LaGrange Hospital operates a tobacco free campus.

For More Information

For additional information about our facility's Community Health Needs Assessment or Implementation Plan, please contact:

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Board Approval

Approved by Parkview LaGrange Hospital Board of Directors on May 5, 2020.

Posted to: parkview.com/community/community-health-improvement/local-health-needs, May 15, 2020

References

- ¹ U.S. Census Bureau QuickFacts: LaGrange County, Indiana. (2019, July 1). Retrieved from <https://www.census.gov/quickfacts/lagrangecountyindiana>
- ² “2019 Community Health Needs Assessment Parkview LaGrange Hospital, LaGrange County,” Community Health Improvement (Local Health Needs), Parkview Health, December 2019, <https://www.parkview.com/community/community-health-improvement/local-health-needs>.